

## Good afternoon families

### Lockdown and Remote Learning - finishes tonight!

Remote learning is over and all students can return to school tomorrow as the Lockdown finishes at 11.59pm tonight for regional Victoria. Please bring the Learning Packs back with you tomorrow.

### Jets Gym

We are awaiting confirmation, but believe the excursion to Jets Gym will be able to take place on Friday. We will confirm as soon as possible.

### 100 Days of Learning - Preps

Last week we managed to fit in the 100 Days of Learning celebration for our preps. The students and staff all dressed up and enjoyed a range of activities focussed on the number 100. Thank you to everyone for the effort that was put into costumes. They all looked amazing.

### Book week and Dress Up Day

Book week will be celebrated from Monday 23rd of August to Friday the 27th. Tuesday the 24th we will have The Blurbs Concert and Friday the 27th will be our dress-up day. Hopefully!! This year's theme is "Old Worlds, New Worlds, Other Worlds". It's time to start planning your costumes.

### School Photos & Dental Van Rescheduling

The School Photos and Dental Van have been rescheduled once again. We will let you know as soon as we have new dates.

## Saint Mary of the Cross MacKillop

Do not be afraid.  
Love one another,  
bear with one another,  
and let charity guide  
you in all your life.

*Mary MacKillop*  
12.1.1909



## A moment in Prayer

Yesterday was the Feast Day of St Mary of the Cross MacKillop - Australia's first saint. Mary MacKillop dedicated her life to helping children and families, especially those struggling in life.

Mary MacKillop's philosophy teaches us to never see a need without doing something about it. What this means is - if someone needs a hand, do what you can to help.

Dear God,  
In this time of Covid lockdowns, help us all to see what is needed around us, and do something about it. Help us to be kind, caring and generous.

*God bless, Jen & Mick*



## BOOK FAIR

All going well we will hopefully run our book fair from 25 Aug until the 1st of September. More information on how this will run and look in coming weeks.



## UPCOMING events

13	AUG, FRI	● All day	Jets Gym
23	AUG, MON	● All day	Book Week 21st - 27th Aug
24	AUG, TUE	● 2 - 3pm	Blurbs Concert
25	AUG, WED	● All day	Book Fair Week - 25th Aug - 1st Sept
26	AUG, THU	● All day	School Photos - Rescheduled, new date TBC
27	AUG, FRI	● All day	Book Week Dress-Up Day
3	SEP, FRI	● 8 - 9am	Father's Day Breakfast

**FRIDAY THE 27TH**  
**WILL BE OUR DRESS-UP DAY**



## 19th Sunday in Ordinary Time

### Something to Think About

Trust is so scary because of how vulnerable you have to make yourself. To be able to fully trust someone you need to be able to let go of all your insecurities and fears so that you're able to receive the graces that trust can give. How hard is it to fully trust someone? What do you need to let go of so that you can trust?

### The Story

This is Jesus at his most memorable, living in the present moment, trusting the providence of his heavenly father, relishing life and body more than food or clothing. I have a glimpse of the kingdom of heaven on this earth, and enjoy a sense of blessedness.



### FEAST FACTS WITH ST MARY MACKILLOP

**1** SHE WAS AN AUSTRALIAN RELIGIOUS WHO FOUNDED THE SISTERS OF SAINT JOSEPH OF THE SACRED HEART IN 1866

**2** ST MARY SET UP SCHOOLS IN AUSTRALIA AND NEW ZEALAND AS WELL AS HOUSES TO HELP YOUNG AND ELDERLY WOMEN

**3** SHE WAS MADE AUSTRALIA'S FIRST SAINT IN OCTOBER 2010

BEATING AROUND THE BURNING BUSH © 2019

FEAST DAY: AUGUST 8



### The Scriptures

A Reading from the Holy Gospel according to John 6:24-35

'Do not worry about your life, what you will eat or what you will drink, or about your body, what you will wear. Is not life more than food, and the body more than clothing? Look at the birds of the air; they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not of more value than they? And can any of you by worrying add a single hour to your span of life? And why do you worry about clothing? Consider the lilies of the field, how they grow; they neither toil nor spin, yet I tell you, even Solomon in all his glory was not clothed like one of these. But if God so clothes the grass of the field, which is alive today and tomorrow is thrown into the oven, will he not much more clothe you—you of little faith? Therefore do not worry, saying, "What will we eat?" or "What will we drink?" or "What will we wear?" For it is the Gentiles who strive for all these things; and indeed your heavenly Father knows that you need all these things. But strive first for the kingdom of God and his righteousness, and all these things will be given to you as well. 'So do not worry about tomorrow, for tomorrow will bring worries of its own. Today's trouble is enough for today.



St. Peter's Primary School

# Ecological

STEWARDSHIP PROJECT



Mrs. Lauren White - Eco-Stewardship Coordinator

"Applying mulch is the best time-saving measure a gardener can take."  
[Margaret Rose Realy, OBL. OSB, May 16, 2014]



## What is mulch?

Mulch is any material that is spread or laid over the surface of the soil as a covering. It could be materials such as bark chips, pine needles, grass clippings, newspaper, shredded leaves or straw. You will notice that we have big piles of mulch at the gate for spreading at the minute... It has been fun to move and looks great!

## What does mulch do?

Mulch is used to retain moisture in the soil, suppress weeds, keep the soil cool, prevent frost heaving in winter, and make the garden bed look more attractive. Organic mulches also help improve the soil's structure, drainage, and nutrient-holding capacity as they decompose.



## Why is mulch important?

Organic (natural material) mulch will break down and have to be replaced, but it will also improve your soil's structure and its organic content by providing nutrients and holding water for longer. The dryer, woodier and older the mulch, the slower it will break down, but it will also give fewer nutrients to the soil and water will run off easier.



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## What can you do?

By adding mulch on the ground around your trees, shrubs and in garden beds you could help improve your soil quality and reduce the amount of water needed. It also looks nicer!

RESOURCE: <https://www.thespruce.com/what-is-mulch-1402413>





# St. Peter's Primary School Wellbeing

Kristy Dupille & Sheree Jorgensen

Well it has just been announced after being in Lockdown Number 6 for 4 days, Regional Victoria is being released tonight - so that means that SCHOOL IS BACK TOMMORROW - how fantastic it will be to have the corridors and classrooms filled with the children again! But oh what a rollercoaster of emotions! For most of us who may or may not have only just got our heads around the lockdown it will be a range of emotions and that is ok - go gently and be kind to yourself and please reach out if needed.



Every day your child can enjoy a delicious free healthy breakfast from 8:30 in the Djak Tjarra (Enviro). We have a range of cereals, toast, fruit, juice and yoghurt. Yummo!!

As always please don't hesitate to give me a call at the school or send an email to [wellbeing@spbendigo.catholic.edu.au](mailto:wellbeing@spbendigo.catholic.edu.au). Take care, Kristy.



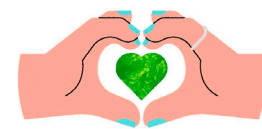
Thursday  
at 2nd Break  
for 5/6s



These are the start of our canvases that we will be working on over a few sessions - such creative souls and a space that they really enjoy coming to and having time out to chat and be creative.



Food Boxes are available on Fridays. If you find yourself needing food support please let us know - we are always happy to help out.

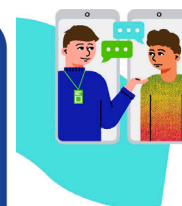


**headspace**  
National Youth Mental Health Foundation

## Lockdown is hard.

We are all experiencing up and downs with our mental health, but if you are struggling, **don't wait to get help.**

headspace centres in Victoria are still open and able to offer appointments to young people via phone and online services.



## Find your closest centre

headspace centres are still here for you. In response to COVID-19, headspace centres across the country are operating a combination of in-person, online and phone services - depending on the situation in their local communities.

You can find your closest centre at [headspace.org.au/centres](https://headspace.org.au/centres)

## Create a headspace account

Just by visiting the headspace website at [headspace.org.au](https://headspace.org.au) and creating an account, you can access lots of great mental health resources including group chats, online communities, interactive resources and 1:1 direct support with professionals.



**headspace.org.au**

headspace National Youth Mental Health Foundation is funded by the Australian Government Department of Health

## Education is a Partnership

Young Person + Family + School  
= Emotional Success

Work with your school to support  
your young person







after the  
**BELL**  
GROWING CURIOUS MINDS

# St Peter's OSHC Newsletter

## EXCITING PROGRAM AHEAD TERM 3 - WEEK 6

Monday- Come and design a mosaic bottle with fairy lights inside

Tuesday- Flower pot faces creations

Wednesday- Wooden bat/fan creations

Thursday- Today we will construction flower necklaces for special person

Friday- Join in the fun of decorating a pencil case



### COOKING CLUB:

Corn and Noodle Fritters

## JOKE OF THE WEEK

WHERE DOES A SHEEP GO TO GET A HAIRCUT?

THE BAA BAA SHOP

## JUNIOR LEADER

Bailey is Junior Leader this week for being a great helper and helping Michele pack the big blocks away before going home.  
Well Done!

## HIGHLIGHTS

## JOIN THE FUN OF OSHC

Registration is FREE all you need to do is visit our website at

[www.afterthebell.com.au](http://www.afterthebell.com.au)

and complete the online Registration Form.

Please feel free to contact our head office as we are happy to help you out with the process.

CONTACT US

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