

Newsletter

Issue No. 26 | 6 September 2021

Good afternoon families

Lockdown

We are waiting to hear if Regional Victoria will be out of lockdown so the kids can return before the holidays... We would love to see everyone back as soon as possible. While our teachers are certainly doing an amazing job of providing work packs - we would all much prefer for everyoneone to be here in person!! Hopefully he will announce something towards the end of the week.

Home Learning Packs

The Home Learning Packs are available for pick up in the front office - please come and pick them up if you haven't been up already. Just call the office from the car and they can be brought down - such good service!!

Class Webex Gatherings

Each class will have a Webex scheduled so the children can see each other and have a little catch up online. The teachers will send out an invitation to the Webex via the email used to say good morning each day. We ask that you are near the children while they are online.

The schedule of Webex Meetings for this week are:

Mummumburra: 1pm Wednesday Duan: 1pm Tuesday Mur Murra: 10am Thursday Balam Balam: 10am Thursday Barrangal: 10.30am Wednesday Yulawil: 12pm Tuesday Wirrap: 10.30am Wednesday Guwak: 12pm Thursday Njana Nganity: 10am Thurs 5/6 Unit meeting: 10am Friday



Program Support Group (PSG) Meetings

Many students at our school have a PSG Meeting each term. These meetings will be held this week. Please see the schedule below (including a change of day for Mummumburra and Barrangal). These meetings will need to be held via phone calls due to the Lockdown. Meeting minutes and PLPs will be sent home after the meetings for you to read and sign.

Mur Murra (Jo Pangrazio) - Tuesday 7th Wirrap (Jake Wilkinson) - Tuesday 7th Mummumburra (Jess Amos & Olivia Keating) - Wednesday 8th Yulawil (Mel Bradley) - Wednesday 8th Guwak (Paris Robinson) - Wednesday 8th Duan (Cindy Purdon) - Thursday 9th Balam Balam (Miggy Podosky) - Thursday 9th Barrangal (Deb Jones) - Thursday 9th Niana Nganity (Lill Daley) - Friday 10th

2022 Planning

Planning for 2022 is well under way. This is a big task and takes many weeks to finalise. If your child is leaving St Peter's at the end of this year, please let us know asap. Also if there are any others you know of who still haven't enrolled a Prep for next year - please ask them to get in touch as soon as they can.

Term 4 - Sun Smart

Just a reminder that we are a Sun Smart school and as such we are all asked to wear a hat outside during Term 1 and Term 4. It's time to look for your hats



and call the office to order a new one if needed. Remember we can have names embroidered on them for a small cost. Otherwise please make sure they are clearly marked with the child's name as they are often misplaced.



Today we ask God to continue to look after Jenny Kerrins and to bless all our dads around this time of Father's Day.

Hail Mary, Full of Grace The Lord is with you Blessed are you among women And blessed is the fruit of your womb, Jesus. Holy Mary, Mother of God Pray for us sinners now And at the hour of our death Amen

God bless, Jen & Mick

23-45 FENTON STREET, NORTH BENDIGO 3550 | Phone 03 5443 9319 | Fax 03 5443 9722 Email: principal@spbendigo.catholic.edu.au Web: www.spbendigo.catholic.edu.au



<image>

Mining on the hill. Looking for GOLD!

(We didn't find any but it was fun and very messy!)



- To be able to attend 3 Year Old Kindergarten your child must turn 3 years old on or before April 30 in the year of attendance.
- To be able to attend 4 Year Old Kindergarten your child must turn 4 years old on or before April 30 in the year of attendance.
- For help filling out an enrolment form, contact Central Enrolments on 5443 1229 between 9 am- 5 pm weekdays or email enrolments@Impa.org.au
- You MUST complete a new Kindergarten Enrolment Application each year.
- The list of Kindergartens and Long Day Care Centres in the enrolment form should be used to help you with choosing which centres you would like your child to attend.
- Please ensure all documents are provided with your application e.g. Application fee, Health Care/Pension Card and Australian Childhood Immunisation Register (ACIR).





22nd Sunday in Ordinary Time

Something to Think About

Are there possibilities in your own life for some good deeds that could be done for someone you know? If responded to, this is a special gift of God to you. We all have a role in the 'caring' respect of each other.

The Story

The first thing Jesus did was to take "him aside in private away from the crowd". In this way he could deal personally with the deaf man. He always deals with us "one on one". Then he ordered them (not him!) to tell no one. However, they could not contain themselves; they were "astounded beyond measure". Their words have echoed down the ages as one of the great understatements "he has done everything well". He wants us to do everything as well as we can with the help of his grace.



The Scriptures

A Reading from the Holy Gospel according to Mark 7:31-37

Then Jesus returned from the region of Tyre, and went by way of Sidon towards the Sea of Galilee, in the region of the Decapolis. They brought to him a deaf man who had an impediment in his speech; and they begged him to lay his hand on him. He took him aside in private, away from the crowd, and put his fingers into his ears, and he spat and touched his tongue. Then looking up to heaven, he sighed and said to him, "Ephphatha," that is, "Be opened." And immediately his ears were opened, his tongue was released, and he spoke plainly. Then Jesus ordered them to tell no one; but the more he ordered them, the more zealously they proclaimed it. They were astounded beyond measure, saying, "He has done everything well; he even makes the deaf to hear and the mute to speak."



SATURDAY at 6:30PM SUNDAY at 8:00AM, 10:00AM & 6:00PM (SUNDAY 10:00 Livestreamed)

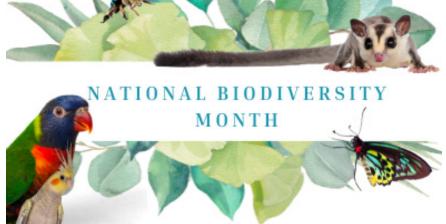






Mrs. Lauren White - Eco-Stewardship Coordinator

September is Biodiversity Month — a month to appreciate the extraordinary web of life we are part of and to encourage the protection, conservation and growth of biodiversity within Australia and worldwide. It also serves as a reminder to reduce the impact we have on the environment to ensure our biodiversity is preserved, both for our species themselves and so that future generations can appreciate them.



What is Biodiversity?

Biodiversity is often characterised as 'the web of life'; it encompasses all living things and their ecosystems (Department of the Environment and Energy, 2019). Biodiversity seek to protect the genetic diversity within a species, species diversity within an environment and ecosystems diversity within an area (Australian Museum, 2018).

What are some of the threats to biodiversity?

Unfortunately, there are a significant number of threats to Australia's biodiversity, such as habitat destruction, introduced species, poor fire management and climate change. Unfortunately, most of these threats are associated with activities by humans.

Another major cause of biodiversity decline is climate change. Climate change is changing the environment and how species interact with their ecosystem. Human activities such as land clearing and fossil fuel burning have resulted in increased generation of greenhouse gases, which has raising the Earth temperature.



How can we protect biodiversity?

We can protect biodiversity by preserving habitats and ecosystems (Australian Museum, 2018). We can assist in protecting Australia's natural biodiversity by:

- Creating a natural ecosystem in your garden,
- Replacing non-native vegetation with local native species,
- Not releasing unwanted pets into the natural environment,
- Trying to keep pets inside (or contained in a secure environment),
- Utilising the natural environment in an environmentally sustainable way, i.e. clean up after yourself and not picking wildflowers,
- Supporting or volunteering with a not-for-profit organisation that protects biodiversity values,
- Make responsible food choices Be an informed eater, purchasing food from socially and sustainably responsible growers. Try to reduce food wastage by only buying what you need.

We all have a role to play in conserving Australia's biodiversity, and, if we care to look carefully, biodiversity is all around us.



Kristy Dupille & Sheree Jorgensen

Please take care everyone and please make contact via phone 5443 9319 or email wellbeing@spbendigo.catholic.edu.au if you require any support.

The Kids Helpline is a wonderful resource (For kids and parents/carers) Here are a few things we liked from their website.







Food Boxes will still be available on Fridays during lockdown. Please get in touch if you require food assistance.

kidshelpline.com.au

FREE CALL 1800 55 1800

It's normal to feel overwhelmed, underwhelmed, stressed and burnt out during the coronavirus pandemic. An important part of self-care is rest – but rest is so much more than sleep!



OUR GUIDE TO DIFFERENT TYPES OF REST

Physical: Relaxation, lounging, sleeping, deep breathing, gentle stretching & massage

Mental: Mindfulness, meditation, day dreaming, escapism, getting absorbed in something you love

Sensory: Silence, closing your eyes, being in nature, screen-breaks, self-care

Creative: 'Wasting' time, doing nothing, being alone with your thoughts, creating to express & enjoy

Emotional: Meditation, holidays, exercising, routines, doing things you enjoy

Social: Setting boundaries with friends, cancelling plans, alone time, 'me' time, time spent with pets

Spiritual: Meditation, praying, journaling, storytelling, engaging in rituals, time in nature

@kidshelplineau

Spend time and energy on what I can control



Introducing niggle

The app that allows you to capture your niggles and do something about them





St Peter's OSHC Newsletter

EXCITING PROGRAM AHEAD TERM 3 - WEEK 10

Monday - Silent ball challenge Tuesday - Obstacle Course Wednesday - Can you find all the puzzle pieces? Thursday - Musical Chairs Friday - Simon says - Last Day Of Term



COOKING CLUB: Pizza

JUNIOR LEADER

Jack is this weeks Junior Leader, for being patient and teaching Seth and Michele how to play Monopoly Card Game Well Done!

JOKE OF THE WEEK

WHY DID THE FARMER BUY A BROWN COW? HE WANTED CHOCOLATE MILK

PARENTS INFORMATION

Our St Peter's OSHC Mobile Phone has been fixed and now receives incoming calls!

JOIN THE FUN OF OSHC

Registration is FREE all you need to do is visit our website at www.afterthebell.com.au

and complete the online Registration Form. Please feel free to contact our head office as we are happy to help you out with the

> process. CONTACT US

OSHC- 0448 375 923 -Head Office- 9758 6744 Program Leader- Michele