

## Good afternoon families

### Students Return

Yesterday the Premier, Daniel Andrews, announced some changes to the restrictions - so ALL students are back on site THIS FRIDAY!!

Week 3	MONDAY 18th Oct	TUESDAY 19th Oct	WEDNESDAY 20th Oct	THURSDAY 21st Oct	FRIDAY 22nd Oct
Yr3/4	Supervision only	ALL 3/4S ATTEND SCHOOL			Supervision only
Yr 5/6	Supervision only	Supervision only	Supervision only	ALL 5/6S ATTEND SCHOOL	ALL STUDENTS ATTEND SCHOOL!

**ALL STUDENTS RETURN TO FACE-TO-FACE LEARNING AS OF THIS FRIDAY THE 22<sup>ND</sup> OF OCTOBER!**

### Year 3/4s and 5/6s - Masks

All students from Year 3/4 and 5/6 will be encouraged to wear masks inside while at school. We will assist the students with this directive as much as we can. The students do not need to wear masks while running around outside.

### Book Fair

Wow - what an amazing response to the book fair! Thank you to everyone who ordered some books. Your purchases added up to \$1200, which earns the school approximately \$500 to put towards new books for our library!!

### Junior Unit Swimming Program

All students in the Junior Unit (Prep, Yr 1 & Yr 2) are scheduled to go to Peter Krenz Leisure Centre for 9 days of swimming lessons starting next Monday. We are hopeful this can go ahead, but we are waiting for confirmation from the pool. Parents and carers are asked to complete the permission form on the SIMON Everywhere App so we are ready to go if we are allowed.

### Term 4 - Sun Smart

We are a Sun Smart school and as such we are all asked to wear a hat outside during Term 1 and Term 4. Please ensure your child has a school hat to wear at all times outside - outside learning and play, enviro classes and sport lessons. ALL hats must be clearly named.

## AWARDS

Term 4 Week 2

**Balam Balam**

**Mur Murra**

**Duan**

**Mummumburra**

**Barrangal**

**Yulawil**

**Wirrap**

**Guwak**

**Njana Nganity**

**PE**

**Enviro**

**Music**

Annaleise Bergman

Harry Wilson & Tori Marshall-Harper

Summer Kindred & Kaylee Hanks

Imogen Stringer

Jack Leech & Peter Bosco

Bella Gittins

Grace Ford

Thando Patterson, Anthony Gibson & Anastasia Sotiralis

Tom Doran & Tyson Wiles

Bailey Sloan

Mur Murra

David Rocha Agudelo

### Co-Principal's Award

Bailey shows all 4 School Values all day, every day! He is especially showing Care for Learning with his focus on his reading and writing - he reads whenever he can with an adult and takes great pride in his writing! Well done Bailey!



## A moment in Prayer

October is the Month of the Rosary. On a Tuesday morning the staff have been gathering to say the Rosary. We invite all families to say the Rosary whenever you can during October. Fr Rob will be hosting a Novena on his YouTube channel starting on October the 23rd for anyone interested in joining.

Hail Mary, Full of Grace  
The Lord is with you.  
Blessed are you among women  
And Blessed is the fruit of your womb, Jesus.  
Holy Mary, Mother of God  
Pray for us sinners now and at the hour of our death.  
Amen



*God bless, Jen & Mick*

# HELLO!

MY NAME IS

*Cindy Purdon*

Teacher



HOW LONG HAVE YOU WORKED AT ST PETER'S?  
20 something years!

DESCRIBE YOURSELF IN 3 WORDS  
Happy, Caring, Kind

IF YOU WERE A SUPER HERO,  
WHAT WOULD YOUR POWER BE?  
To read minds

FAVOURITE SPORT/TEAM  
Netball / West Coast Eagles



# HELLO!

MY NAME IS

*Jenni Heinrich*

Music Teacher

HOW LONG HAVE YOU WORKED AT ST PETER'S?  
20 years!

DESCRIBE YOURSELF IN 3 WORDS  
Happy, Fun-loving, Cuddly

DO YOU SPEAK ANOTHER LANGUAGE?  
Yes - I read and speak music!

IF YOU WERE A SUPER HERO,  
WHAT WOULD YOUR POWER BE?  
Ooo, to fly!

FAVOURITE WEEKEND ACTIVITY?  
Going out for brunch

SOMETHING THAT'S ON YOUR BUCKET LIST  
Hot air ballooning.

WHERE IN THE WORLD WOULD YOU LIKE TO VISIT?  
I would like to go back to Italy

FAVOURITE ANIMAL  
Giraffe

CELEBRITY/SPORT STAR YOU'D LIKE TO MEET?  
Viggo Mortensen

WHERE IN THE WORLD WOULD YOU LIKE TO VISIT?  
Egypt!

FAVOURITE ANIMAL  
Otter

SOMETHING YOU DO TO TRY AND MAKE THE WORLD A BETTER PLACE  
Practise and teach sophrology.

FAVOURITE SPORT/TEAM  
Horse riding

WHO DO YOU ADMIRE THE MOST/WHY?  
Mahatma Ghandi because he was able to bring about such profound change in his country by peacefully protesting.

FAVOURITE WEEKEND ACTIVITY?  
Riding my horse.

FAVOURITE BOOK?  
Cross Stitch

Enrol now for funded 3 and 4 year old Kindergarten in 2022.  
FREE for concession card holders

Up to 5 hours of funded 3 year old kindergarten in 2022

LONDON MALLEE PRESCHOOL ASSOCIATION  
www.lmpa.org.au

Three-Year-Old Kinder is here  
www.vic.gov.au/kinder

3-YEAR-OLD KINDER  
Best Start  
Best Life

## Supporting your child to start school in 2022

You are invited to a **free information session** to support parents and carers to understand what is involved in a positive transition to school and how this can be supported at home, as well as through strong links with children's kindergarten and school.

**Presented by:** Early childhood experts Louise Dorrat and Heather Barnes

**When:** Tuesday 19 October, 7pm – 8pm

**Register:** <https://www.eventbrite.com.au/e/supporting-your-child-to-start-school-in-2022-loddon-campaspe-tickets-183118521427>

THE EDUCATION STATE VICTORIA





This week in Connected Circus, Bec and Vern helped the 5/6s with learning about healthy communication. We played rock-paper-scissors where we had to hop around a semi-circle of hula hoops, and when we came across another person, we had to do a rock-paper-scissors battle. We also used some of the circus equipment from Term 2 to practise working together in a small group.

We learned that healthy communication looks like:

- facing the person talking
- not talking over/interrupting people
- using a respectful tone
- not pressuring people
- helping people make positive choices
- listening to what our friends are saying
- sharing our feelings if we don't like something being said







TO BE  
**GREAT**  
YOU MUST BE  
**SERVANT**  
OF ALL

MARK 35-45

## 29th Sunday in Ordinary Time

### Something to Think About

*With these thoughts on Jesus' mind, the clumsy ambition of the two disciples leaves him dispirited. Yet still he teaches them, still he tries to get the message across: about how tyrants operate out of the same kind of ambition as James and John, and how the disciples must resist.*

### The Story

James and John position themselves to be influential figures alongside Jesus. Imagine how Jesus feels, as he listens to the request from the two brothers. Already Jesus knows that he must endure suffering and a cruel death. This is the 'cup' which he asks to be spared in Gethsemane. The brothers seem to have no problem at all about accepting this cup; do they even know what they are saying?

### The Scriptures

#### A Reading from the Holy Gospel according to Mark 10:35-45

James and John, the sons of Zebedee, came forward to him and said to him, "Teacher, we want you to do for us whatever we ask of you." And he said to them, "What is it you want me to do for you?" And they said to him, "Grant us to sit, one at your right hand and one at your left, in your glory." But Jesus said to them, "You do not know what you are asking. Are you able to drink the cup that I drink, or be baptized with the baptism that I am baptized with?" They replied, "We are able." Then Jesus said to them, "The cup

that I drink you will drink; and with the baptism with which I am baptized, you will be baptized; but to sit at my right hand or at my left is not mine to grant, but it is for those for whom it has been prepared." When the ten heard this, they began to be angry with James and John. So Jesus called them and said to them, "You know that among the Gentiles those whom they recognize as their rulers lord it over them, and their great ones are tyrants over them. But it is not so among you; but whoever wishes to become great among you must be your servant, and whoever wishes to be first among you must be slave of all. For the Son of Man came not to be served but to serve, and to give his life a ransom for many."

St. Peter's Primary School

# Ecological

STEWARDSHIP PROJECT



## What is it?

“Every third week of October, National Water Week makes a splash across Australia, inspiring individuals, communities and organisations to work together to build awareness around the value of water.” The theme for 2021 is

*'Caring for water and Country'*

<https://vicwater.org.au/event/national-water-week/>

## Why is it important?

Having access to clean water is very important to every part of our lives, and we need to do our best to take care of our water environments and to use water more wisely. This year's theme acknowledges the connection First Nations people have had with water and land for over 65,000 years.



## DID YOU KNOW?

- Scraping food scraps off your plate and wiping off grease/oil with a paper towel, rather than washing them down the drain stops water pollution.
- You can use leftover dishwater to water your plants. It's all organic after all.
  - A family will flush almost enough water in a single day to fill a bath.
- Not leaving the tap running when brushing your teeth can save enough water for one person to drink for three and a half days.
- Wash your hands with water from the cold tap, not the hot, to save water and energy.

<https://www.omo.com/za/sustainability/sustainability-for-kids/water-saving-facts-for-kids.html>

## Who benefits from this?

“By reflecting on how our First Nations people protected and sustained our environment, and learning more about the water we depend on, we become better placed to ensure a resilient water future amongst the challenges of a changing climate.”

<https://www.gippswater.com.au/residential/education/national-water-week>

## What can we do?

There are many fun online activities, videos and resources available to help us take part in National Water Week and practice more sustainable water usage.

Some of the websites available include:

<https://coliban.com.au/national-water-week>  
<https://www.gippswater.com.au/residential/education/national-water-week-online-learning-festival-2021>  
[https://www.awa.asn.au/AWA\\_MBRR/About\\_AWA/National\\_Water\\_Week.aspx](https://www.awa.asn.au/AWA_MBRR/About_AWA/National_Water_Week.aspx)







Kristy Dupille & Sheree Jorgensen

wellbeing@spbendigo.catholic.edu.au

5443 9319

We are so excited that everyone is allowed back at school as of THIS FRIDAY!! Please don't hesitate to get in touch if you and/or your child need any assistance with this transition.

*Take care, Kristy & Sheree.*

These are uncertain times and can be stressful for both adults and children. Ensure you're giving yourself time to relax and unwind, take some time to reflect on how you're feeling.

#### Things to do:

It's time to get ready to come back to school! We are looking forward to seeing everyone again. Here are some things you can do to get ready. This will be different for each family, and depend on the age of your child. Here are some examples:

- ◇ Find school clothes
- ◇ Make sure school clothes are washed
- ◇ Find school shoes and school bag
- ◇ Get up at the normal school wake-up time
- ◇ Eat breakfast at the normal time
- ◇ Help make lunch
- ◇ Pack school bag
- ◇ Drive past school at the usual drop off time for practice
- ◇ Talk about the plan for after school pickup
- ◇ Talk about what your child is looking forward to doing at school
- ◇ Ask them how they feel about going back to school

Going back to your family's normal school morning routine will be a powerful way to help them get back to school successfully.



Every day your child can enjoy a delicious free healthy breakfast from 8:30 in the Djak Tjarra (Enviro). We have a range of cereals, toast, fruit, juice and yoghurt. Yummo!!



For 5/6's on Thursday during 2nd Break!

#### How your child may be feeling...

**Excited or happy:** Some children feel ready for their return to school and be excited to see their friends and teachers again.

**Nervous or anxious:** Due to being away from their peers and routine structure, some children may feel uncertain about their place amongst their peers and how school will look on their return.

**Frustrated or annoyed:** Some children may have enjoyed learning in the home environment and do not want to return to school.

It is important to remember that **all of these feelings are normal** and we all react in different ways.



#### Your child may have a hard time understanding and expressing their feelings.

As a result, you may notice some **changes in their behaviour**:

- ◇ Changes to sleeping or eating habits, such as struggling to fall asleep;
- ◇ Becoming quieter or more withdrawn;
- ◇ Clinginess or difficulty separating from you;
- ◇ Becoming fidgety and restless;
- ◇ Seeming irritable and acting out, possibly refusing to attend school;
- ◇ Physical complaints such as an upset stomach or headaches;
- ◇ Excessively asking questions or seeking reassurance.

These are normal reactions to stress.



#### How should I talk to my child about returning to school?

Children may feel a variety of emotions. By providing children with a space to discuss and explore their feelings, we can support them to regulate, problem solve and overcome any difficulties.

**Be aware of your child's emotions.** It is important to show your child that it is safe to share their feelings by showing acceptance and holding a non-judgemental attitude.

**Validate and normalise their feelings and experience.**

Here are some ideas:

*"You feel worried about returning to school. You don't know what to expect. Everything changed so quickly."*

*"I can see you're so excited to go to school and see everyone."*

*"You look nervous about seeing your friends after so long. It is normal to feel nervous. I felt a little nervous about that too."*

**Listen, be curious and encourage the conversation.**

Here are some ideas:

*"I wonder if you are feeling nervous about seeing your friends."*

*"You're excited! What are you most looking forward to?"*

**Encourage** hope by supporting your child to problem solve, plan or consider a difference perspective.

**When they come home from school, take the time to talk about their day, for example:**

- ◇ *"What did you like about today?"*
- ◇ *"What was it like seeing your friends again?"*
- ◇ *"What did you learn?"*
- ◇ *"Is anything worrying you?"*



Fresh Food Project

Food boxes are available on Fridays, please reach out if you would like one.



## Education is a Partnership

Young Person + Family + School = Emotional Success

Work with your school to support your young person





after the  
**BELL**  
GROWING CURIOUS MINDS

# St Peter's OSHC Newsletter

## EXCITING PROGRAM AHEAD TERM 4 WEEK 4

Monday- Fruit Salad Game - Halloween style

Tuesday- Let's make some Gingerbread Ghost Cookies

Wednesday- Bendigo Cup - No Program

Thursday- Come and design a monster on a stick

Friday- Join in the fun of making a straw skeleton



### COOKING CLUB: Gingerbread Cookies

## JOKE OF THE WEEK

What key opens a haunted house?

A spook-key!

## JOIN THE FUN OF OSHC

Registration is FREE all you need to do is visit our website at

[www.afterthebell.com.au](http://www.afterthebell.com.au)

and complete the online Registration Form.

Please feel free to contact our head office as we are happy to help you out with the process.

### CONTACT US

OSHC- 0448 375 923

Head Office- 9758 6744

Program Leader- Michele

## PARENT INFORMATION

Heath is this weeks Junior Leader for starting back in the program with great attitude and participating in the activities Well Done Heath!

## HIGHLIGHTS

