

# Newsletter

Issue No. 13 | 30 May 2022



# Good afternoon families,

### Sacrament of Reconciliation

Congratulations to the students who participated in the Sacramental Reconciliation Program over the last few weeks. The Sacrament was held last Wednesday night. Thank you to the families for supporting your young people as they engage in the Sacraments. Congratulations to Ella, Ellé, Sam, Ethan, Faith, Tahli.

### Sorry Day & Reconciliation Week

Last Thursday was National Sorry Day and Friday saw the start of Reconciliation Week. This is a time when all classes have a focus on the needs of the Aboriginal members of our community. At St Peter's we are very proud to have a significant focus on Aboriginal perspectives at all times. We pray for peace and reconciliation in the lives of all Aboriginal people.

### NDIS Information morning tea

The National Disability Insurance Scheme (NDIS) can be a confusing service to access - so on Wednesday the 8th of June at 9.15am we are having a morning tea and information session about NDIS - what it is, who can access it and how you go about engaging in the process. If you, or someone you know, has a child with a disability you may be eligible to access support through the NDIS. Please come along (and bring anyone you know) who has any questions about how the system works. Josh Hercus from BDAC will be talking about how the system works.

### Illness

There has been quite a bit of illness among our staff and students - covid, flu, colds and gastro. We ask you to please keep any sick children at home until they are completely healthy. If your child has gastro, they need to stay home for 24 hours AFTER their last vomit or diarrhea. We know it is difficult when a child has been home for a few days, and they are improving, and really want to return. However, sending children to school when they are not quite right simply spreads viruses to others. We will continue to have children wash their hands with soap (for 20 seconds) and use hand sanitiser when they are at school to help stop the spread of illness. We will also continue to send children home if they are unwell.

#### Prep 2023

If you have a child wanting to start Prep at St Peter's next year - or you know of someone who does - please see the office for an enrolment application form.

#### St Peter's Athletics Day

Thanks to all the parents and carers who came along to the sports last week. And a special thank you to Mr Wilkinson and Mrs White for organising the day and practising with the student in the lead up to the sports. A few changes needed to happen due to the weather but in general, everyone had a great time.



Balam Balam Kacee Borserio Mur Murra Katrina Hakim Sussan John Duan Marshall Arthur Mummumburra

Barrangal Charlotte Stringer-Sturzaker

Yulawil Ellè Pusa

Wirrap Tori Marshall-Harper

Guwak Nargis Bastakoti & Cooper Russell Faith Douglas & Logan Whittle Banya

Njana Nganity

PΕ Rylee Botheras

Enviro Sam Goudie-Kennedy

Nadia Lillis Music

### Co-Principal Award

Last week's Co-Principal award went to Katrina Hakim - for always showing Care for Others. Katrina is always kind, friendly, helpful and thoughtful. Well done Katrina.



# A moment in Prayer

This week we celebrated the Feast off the Ascension. Jesus leaves the apostles and His followers and returns to Heaven. Before He leaves He assures them that He will send the Holy Spirit to be their guide.

Loving God, we continue to pray for peace in our world. We pray for all those in our community who are unwell or in need of your intervention. Bless us in all we do this week as we con tiny to make your message known. We ask this in Jesus'

God Bless, Jen & Mick



31 MAY, TUE	• 11:30am – 12:30pm	Senior Unit - OzHarvest incursion
1 JUN, WED	• 11:30am – 12:30pm	Junior Unit - Waste incursion
2 JUN, THU	• 11:30am – 1pm	5/6's Connected Circus
13 јин, мон	<ul><li>All day</li></ul>	Queen's Birthday (Public Holiday)
24 JUN, FRI	<ul><li>All day</li></ul>	Last Day of Term 2

# **Athletics Day!**







































St. Peter's Primary School
Wellbeing

Kristy Dupille & Sherree Jorgensen

☐ wellbeing@spbendigo.catholic.edu.au

5443 9319

### Term 2 ~ Week 6

Well you can feel and see that winter is just around the corner - so cold and wet today - make sure you rug up and keep warm and dry! The perfect time for warm comfort food like soup and casseroles. We are very lucky with the support we receive from Foodshare, Fresh Fruit program and St Vincents that our freezer and pantry is nice and stocked currently so please reach out and let us know if you could benefit from support.

As we head into the cooler months it can be challenging to avoid the desire to hibernate and we can start to feel a little flat. Sometimes it takes a small action each day to support and maintain mood and good mental health. How did you go with the Meaningful May calendar that we shared with you a few weeks ago - this calendar contained small daily actions you can take to support your happiness and mental health. Take care and remember to reach out if needed.



We had a great time in our Peaceful Kids group last week - we made worry boxes and spoke about how letting go of our worries by talking about them, or writing them down for example can sometimes help us. We also practiced our mindfulness through quick body scans and noticing our breaths and read "The Calm Book - Understanding Our Busy Brain" by Anne Wilson which was a great refresh on the strategies we have learnt throughout our Peaceful Kids program. The current group will

The 5/6 art group was another fantastic space last week, with 14 students attending. A crowd favourite activity is our Air Clay, this week adding lots of colourful and different textured glitters to the clay. I love seeing the

finish in the coming weeks and a new program will start with another group

of students which is exciting.

different things that the children create during this group.

Take care, go gently and be kind.

Kristy, Sheree, Tyler and Karli



Every day your child can enjoy a delicious free healthy breakfast from 8:30 in the Djak Tjarra (Enviro). We have a range of cereals, toast, fruit, juice and yoghurt. Yummo!!





5/6 Art group is held each Thursday at the 2nd break in the Art Room.



THE ONE BOX
Fresh food boxes are
available on Fridays
here at School
If this is something
that could benifit your
family please chat to the
wellbeing team.

Mrs. Lauren White - Eco-Stewardship Coordinator

"It may well disturb us to learn of the extinction of mammals or birds, since they are more visible. But the good functioning of ecosystems also requires fungi, algae, worms, insects, reptiles and an innumerable variety of microorganisms.". (Pope Francis, Laudato Si', 2015, 34)"







### Who are POLLINATORS?

Pollinators are bugs and insects that pollinate flowers and plants including different bee species, flies, butterflies, moths, wasps, beetles, thrips, birds, bats and other vertebrates. Some native pollinator species found in our area are the Blue-banded Bees, Monarch and Common Brown Butterflies, Lacewings, Long-legged Flies and Transverse Ladybirds.

### Why do we need POLLINATORS?

The importance of pollinators and their slow demise is currently a well known environmental issue as pollinators like bees, butterflies, beetles and birds pollinate plants and help bring us 1/3 of our food. "They also sustain our ecosystems and produce our natural resources by helping plants reproduce. Pollinating animals travel from plant to plant carrying pollen on their bodies in a vital interaction that allows the transfer of genetic material critical to the reproductive system of most flowering plants – the very plants that bring us countless fruits, vegetables, and nuts; ½ of the world's oils, fibres and raw materials; prevent soil erosion, and increase carbon sequestration."





## What is a pollinator's garden?

A pollinator's garden is designed and planted with specific plants to attract pollinators and provide them with specific nectar and pollen producing plants. They usually have lots of native plants and flowers.

## What can YOU do to help?

By planting pollinator friendly plants/flowers, providing insect hotels and creating safe places for a beehive to attract local species you can help to provide them with a safe habitat to live in and/or visit all year round.

RESOURCE: https://www.pollinator.org/pollinators

# **Upcoming Events**

Reconciliation Week (27 May-3 June) World Environment Day (Sunday 5 June) World Oceans Day (Wednesday 8 June)



# Help us turn BREAD BAGS into SCHOOL PLAY EQUIPMENT



# Our school\* is taking part in the Wonder Recycling Rewards campaign this term.

Help us collect bread bags so we can earn points to redeem on new RHSports equipment.

It's simple! All you need to do is keep your empty bread bags and send them to school\* with your kids! We will then place them in Wonder's pink collection box and post them off to be recycled. The more we collect the more points our school\* earns!

**Collections close 9th September.** 

# Tip for collecting:

Use one empty bread bag to collect a bunch of other bags.

# Did you know?

We can now collect our bread bags over the holidays!

# BRING IN YOUR BAGS BEFORE SEPT 9TH!

\*Includes early learning centres and pre-schools.

Tag **@wonder.australia #wonderrecyclingrewards**to share all your recycling champion stories!



Mr. Miggy Podosky. - Catholic Identity Coordinator

### Ascenion of the Lord

### Something to Think About

When people see me, do they see Jesus? When people see me, do they want to know Jesus? When people see me, do they want to join our community, share our life, and take the Gospel as the foundation of their life? That is the meaning of the Ascension.

The Story

Jesus tells the disciples that every time they share their love with a brother or sister, they are making Jesus present to that person. For us too, every time we love and serve others, it is the presence of Jesus. We are to be Jesus in this world. We are to be the visible presence of Jesus. It is really a great challenge and a rather scary responsibility.

## The Scriptures

Luke 24:46-53

And he said to them, 'Thus it is written, that the Messiah is to suffer and to rise from the dead on the third day, and that repentance and



forgiveness of sins is to be proclaimed in his name to all nations, beginning from Jerusalem. You are witnesses of these things. And see, I am sending upon you what my Father promised; so stay here in the city until you have been clothed with power from on high.'

Then he led them out as far as Bethany, and, lifting up his hands, he blessed them. While he was blessing them, he withdrew from them and was carried up into heaven. And they worshipped him, and returned to Jerusalem with great joy; and they were continually in the temple blessing God.





# St Peter's OSHC Newsletter

# EXCITING PROGRAM AHEAD TERM 2 - WEEK 6

Monday - Can you guess the drawing - Let's play Pictionary
Tuesday - Connect 4 showdown challenge
Wednesday - Who are you - Celebrity Heads
Thursday - Come and play our card game challenges
Friday - What are you - ask the right question to win



COOKING CLOB.

Ham and Cheese Scrolls

# **JOKE OF THE WEEK**

Why did the cookie go to the hospital?

Because he felt crummy.



# JOIN THE FUN OF OSHC

Registration is FREE all you need to do is visit our website at www.afterthebell.com.au and complete the online Registration Form.

Please feel free to contact our head office as we are happy to help you out with the process.

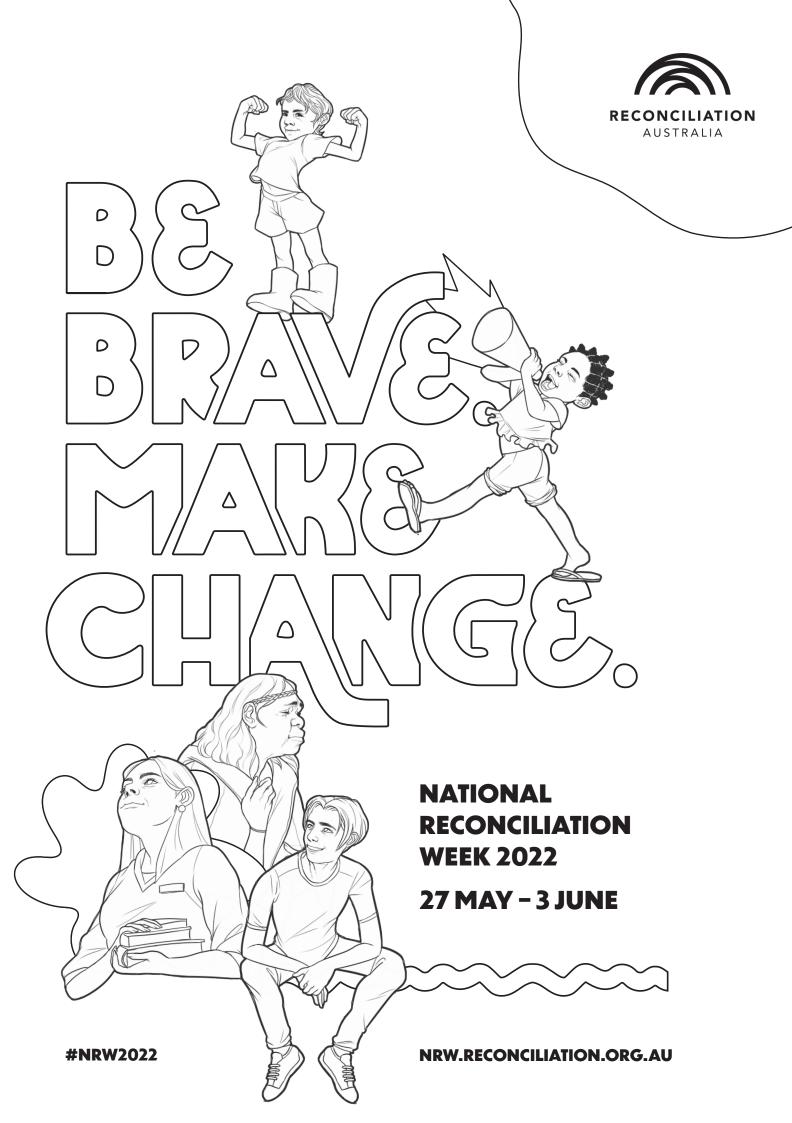
CONTACT US

OSHC- 0448 375 923

Head Office- 9758 6744

Program Leaders- Georgia and Sienna





# FREE COUNSELLING PARENTS AND FRIENDS 15-35 YEARS

AT LIFELINE WE UNDERSTAND THAT REACHING OUT MAY BE DIFFICULT

# **CONSIDER REACHING OUT TO US**



# COUNSELLING SERVICE

WWW.LIFELINECVM.ORG.AU/COUNSELLING