

Newsletter

Issue No. 16 | 20 June 2022



Good afternoon families,

End of Term 2

Welcome to the last week of Term 2. It has been a short term, but we have had so much happen during these 9 weeks! We hope you all have a lovely holiday with your families and friends and stay dry and warm.

Jenny Kerrins

Thank you all for your support with our school closure day last Wednesday. It was lovely that we could all go to Jenny's funeral and support each other and her family. We will all miss Jenny and honour her memory by continuing to keep our students at the centre of every decision - just like she always did.

5/6 Passions and Pathways Excursion First Day of Term 3 The 5/6 students are engaging in the Passions and Pathways program throughout Term 3. The first day of term is the day for an amazing excursion to the Bendigo Tech School. Please ensure you have given permission for your child to attend via SiMON Everywhere App as the excursion is the very first day of term.

St Peter's Feast Day

This Friday we celebrate St Peter's Feast Day - which actually falls on 29th of June. We will have a school Mass at St Kilian's Church at 9.30am and follow with a range of different activities throughout the day. School finishes at 2.15pm.

50th Anniversary Celebrations

Don't forget to mark your calendars and tell friends and family about the celebration of St Peter's 50th Anniversaty on Sunday July 24th. The day will start with 10am Mass at St Kilian's and then all are invited back to school for an Open Day. You will all get further details after the holidays.

Jet's Gym

Our students will be attending Jet's Gym each Friday for the first few weeks of term 3. Please see the SiMON Everywhere App for details and permission.

A moment in Prayer

Loving God please look after Jenny Kerrin's family. May they be comforted in your loving embrace during this sad time. We ask God to bless all our families over the holidays. Please keep us safe and warm and return us safely to school in Term 3.

God Bless, Jen & Mick



You are invited to join St Peter's Primary School, North Bendigo

CELEBRATING 50 YEARS

JULY 24 2022

MASS AT ST. KILIAN'S CHURCH AT 10 A.M FOLLOWED BY OPEN HOUSE AT ST. PETER'S SCHOOL

Light lunch provided

ENQUIRIES: 5443 9319



12:30 - 1:30pm Connected Circus with 5/6's **23** JUN, ТНИ Last Day of Term 2 - Finish 2.15pm 24 JUN, FRI All day 9:30 - 10:30am St. Peter's Feast Day Mass St Kilian's Catholic Church Bendigo 24 JUL, SUN All day St Peter's 50th Jubilee 10 - 11am St Peter's 50th Jubilee Mass St Kilian's Catholic Church Bendigo 11am - 12pm St Peter's 50th Jubilee Open House Celebrations

Mr. Miggy Podosky. - Catholic Identity Coordinator

The Body and Blood of Christ

Something to Think About

Mother Teresa said about Jesus,
"He uses us to be his love and
compassion in the world in spite of
our weaknesses and frailties." In this
miracle Jesus does not produce food
out of nowhere. He takes the little that
the apostles have, and he multiplies it
a thousand fold. No matter how little
I think I have to give, once I freely
place my gifts in Jesus' service they
become limitless.

The Story

In this miracle, Jesus does not produce food out of nowhere. He takes the little that the apostles have, and he multiplies it a thousand-fold. No matter how little I think I have to give, once I freely place my gifts in Jesus' service they become limitless.



The Scriptures

Luke 9:11-17

When the crowds found out about it, they followed him; and he welcomed them, and spoke to them about the kingdom of God, and healed those who needed to be cured. The day was drawing to a close, and the twelve came to him and said, 'Send the crowd away, so that they may go into the surrounding villages and countryside, to lodge and get provisions; for we are here in a deserted place.' But he said to them, 'You give them something to eat.' They said, 'We have no more than five loaves and two fish—unless we are to go and buy food for all these people.' For there were about five thousand men. And he said to his disciples, 'Make them sit down in groups of about fifty each.' They did so and made them all sit down. And taking the five loaves and the two fish, he looked up to heaven, and blessed and broke them, and gave them to the disciples to set before the crowd. And all ate and were filled. What was left over was gathered up, twelve baskets of broken pieces.

St. Peter's Primary School Wellbeing



Every day your child can enjoy a delicious free healthy breakfast from 8:30 in the Djak Tjarra (Enviro). We have a range of cereals, toast, fruit, juice and yoghurt. Yummo!!



5/6 Art group is held each Thursday at the 2nd break in the Art Room.



Mrs. Lauren White - Eco-Stewardship Coordinator

"To plant a garden is to believe in tomorrow." (Audrey Hepburn)

DHELKUNYA DJAA SUCCULENT DRIVE

WE NEED YOUR HELP TO MAKE OUR AMPHITHEATRE LOOK GREAT!!

We are asking all members of the school community to donate a succulent cutting or plant to help make our school amphitheatre garden look fabulous again. Ask your family, friends or neighbours if they have any in their garden you could get a cutting from. Thanks to those who have already donated some succulents.

We would like to plant these succulents this week so they can grow over the holidays.

Succulents are easy to take care of, look great and super water friendly. Succulents are plants with thick, fleshy leaves and stems which are great for storing water.

Please see Mrs White if you have any questions.







St. Peter's Primary School Physical Education

Mr. Jake Wilkinson - P.E Coordinator



Today students were lucky to participate in a basketball clinic run by some of the Bendigo Braves Basketball players.

Thanks Luke Rosendale #13 and Mitch Clarke #41

(You might like to go watch the guys on the court when the Braves play at home next).

If you enjoyed this clinic you might like to join the Bendigo Basketball Biddy Ball (ages 4-9) or Aussie Hoops programs (ages 5-10). Tuesdays and Thursdays 4-5pm at Red Energy Arena.

Term 3 begins on the 12th July. Head to the programs tab on the Bendigo Basketball website to register.







NAB AFL AUSKICK BURST HAS ARRIVED!

Sign up at play.afl/auskick



2022 COMMUNITY AUSKICK PACK



Cape flag
- customised by
nominated AFL club

Wonder





ncludes early learning centres and pre-schools

wonder.australia #wonderrecyclingrewa to share all your recycling champion stories!

FREE COUNSELLING PARENTS AND FRIENDS 15-35 YEARS

AT LIFELINE WE UNDERSTAND THAT REACHING OUT MAY BE DIFFICULT

CONSIDER REACHING OUT TO US



COUNSELLING SERVICE

WWW.LIFELINECVM.ORG.AU/COUNSELLING

For students Wellbeing support during the school holidays

This guide provides tips to continue looking after your mental health and wellbeing during the school holidays and services to reach out to if you need support.

Actions that support positive mental health over the school holidays

Encourage your young person to:

- Exercise boosts mood and mental health
 make it fun!
- Nourish your brain by eating healthily
 it will also improve your mood
- Prioritise sleep to support mental and emotional wellbeing
- Explore relaxation techniques and coping strategies
- Stay in touch and catch up with friends and loved ones
- Make time to do things you enjoy
- Practice positive self-talk and remember you are not alone
- Seek professional help if needed.¹

Feeling it: mindfulness resources and activities for students. Smiling Mind gives you tips on looking after yourself, understanding and managing emotions, being mindful, being kind to yourself, navigating uncertainty and preparing for change.

You may find that these actions are not enough to look after your mental health. Here are some signs you may need some support.

Signs that you or a friend may need mental health support

Keep an eye out and seek professional help for changes that last two or more weeks such as:

- Loss of interest or involvement in activities normally enjoyed
- Feeling 'low', unusually stressed or worried
- · Ordinary things get harder
- Being easily irritated or angry
- Taking more dangerous risks, like using alcohol or drugs
- Withdrawal or feeling overwhelmed
- Difficulties with concentration and motivation
- Having a lot of negative thoughts
- Changing in sleeping and eating.²³



¹ headspace – a parents guide to school issues and stress https://headspace.org.au/friends-and-family/parents-guide-tips-for-managing-stress-and-problems-at-school/

² headspace 'mental health and you' poster https://headspace.org.au/assets/Uploads/Mental-Health-Posters-mgpdf.pdf

³ headspace - how to talk to your children about mental health https://headspace.org.au/dads/