

Welcome

We welcome everyone to St Peter's for the 2023 school year - with a special warm welcome to all new people joining our community. We also welcome some new staff to our school - Mr Jeremy Darmody, our new Co-Principal, Mr Damian Cairns, a new teacher in 3/4 Barrangal and 2 new ESOs - Cooper and Gina.

Farewell

Our amazing Koorie Ed worker and ESO Tyler Widdicombe is leaving St Peter's after approximately 11 years working with us. Tyler also attended St Peter's as a student so it holds a special place in his heart. Tyler has accepted a position with the Department of Education in Koorie Engagement Support - an amazing opportunity to use his incredible skills and talents. We wish Tyler all the very best as he starts his new, exciting role!

Prep Families Welcome

Our prep families are invited to a cuppa and to meet with the Co-Principals, Mr Podosky, Alex Love-Linay and Fr Junray next Tuesday morning (7th Feb) at 9.15am (straight after walking). It is just a casual opportunity to get to know other prep families and the school leadership team. All are welcome.

Opening Mass

Our Opening Mass will be held next Wednesday the 8th of February at 9.30am - all families and friends are invited to attend (including Preps and their families). Mass will be held at St Kilian's Church.

Hello Night

We will hold a casual parent/carer/family gathering on Tuesday the 14th of Feb from 4.30 - 5.30pm. Sausages in bread provided.

Changes to classrooms

Due to the refurbishment works about to begin many classrooms have changed!

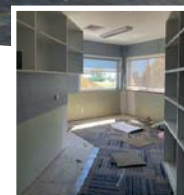
1/2 Mur Murra - Rm 9 (portable) near the COLA
Y2 Balam-balam - Rm 8 (portable) near the COLA
5/6 Ngana-nganity - Portable 1 at the front of the school
5/6 Banya - Portable 2 at the front of the school
5/6 Guwak - Gathering end of the Knuldoorong
The Library is now in the corridor end of the Knuldoorong



The Art and Music portable has become Banya and Ngana Nganity's classrooms.



We cannot go outside through this corridor anymore.



Goodbye Library!



The Knuldoorong has become Guwak's classroom and a library.

Swimming Program

Swimming for 3/4/5/6's will begin next week (week 2). Students will go to Peter Krenz Leisure Centre on Wednesday and Friday in week 2, then Mon/Wed/Frid in week 3 and Wed/Fri in week 4.

SiMON Everywhere - PAM App

The PAM App (was called SiMON Everywhere) has been updated over the holidays and will no longer work with old account logins. Each family will have received an email asking them to re-create new PAM logins. If you are having any problems with this please email attendance@spbendigo.catholic.edu.au.

School Closure Day

This year our school curriculum focus will be on Maths. Monday February 20th will be a whole school closure day while the teachers engage in a Maths Professional Learning Day.

The One Box

Delivery of food boxes will commence next Friday the 10th February. There will not be food boxes available this Friday. Please get in touch if you require any assistance this week.



UPCOMING events

You can find this calendar on the home page of our website

7	FEB, TUE	● 9:15 – 10:15am	Prep Family Welcome & meet Fr Junray
8	FEB, WED	● All day	No School For Preps
		● 9:30 – 11am	Opening Mass St Kilian's Catholic Church Bendigo
		● 1 – 2:10pm	3/4 Swimming
		● 1:40 – 3pm	5/6 Swimming
10	FEB, FRI	● 1 – 2:10pm	3/4 Swimming
		● 1:40 – 3pm	5/6 Swimming
13	FEB, MON	● 1 – 2:10pm	3/4 Swimming
		● 1:40 – 3pm	5/6 Swimming
14	FEB, TUE	● 4:30 – 5:30pm	Hello Night
15	FEB, WED	● All day	No School For Preps
		● 1 – 2:10pm	3/4 Swimming
		● 1:40 – 3pm	5/6 Swimming
17	FEB, FRI	● 1 – 2:10pm	3/4 Swimming
		● 1:40 – 3pm	5/6 Swimming
18	FEB, SAT	● All day	Marong cup
20	FEB, MON	● All day	School Closure Day
21	FEB, TUE	● 8:15 – 9am	Shrove Tuesday - Pancake Breakfast
22	FEB, WED	● All day	No School For Preps
		● 9 – 10am	Ash Wednesday - Liturgy with Fr. Rob
		● 1 – 2:10pm	3/4 Swimming
		● 1:40 – 3pm	5/6 Swimming
24	FEB, FRI	● 1 – 2:10pm	3/4 Swimming
		● 1:40 – 3pm	5/6 Swimming
27	FEB, MON	● All day	School Photos
1	MAR, WED	● All day	No School For Preps
8	MAR, WED	● All day	No School For Preps
13	MAR, MON	● All day	Labour Day Public Holiday
17	MAR, FRI	● 9 – 10am	Staff Commissioning Mass St Kilian's Church
6	APR, THU	● All day	Last Day of Term 1

What Happens at St Peters OSHC?

ATB's culture is one that embraces devotion, commitment, innovation and passion. Our unique qualities have been derived from providing inclusive programs full of discovery and exploration that will leave an imprint in a child's life.

ATB believes every child has a curious growing mind that should be nurtured and empowered. Through our programs we aspire to provide opportunities for children to be part of an exciting, fun and engaging care program environment. Our cultivated team harnesses all our personal and educational experience so that every child that walks through our doors enters a safe "home away from home" care environment.



Food For Thought

We value the importance of children's healthy eating choices.

Children are provided with a healthy nutritional breakfast and afternoon snack each session day. Children can participate in the weekly Cooking Club experience.

Our menus where possible caters for any special dietary requirements, including children with allergies or cultural needs. The menu changes each week and is displayed at the program along with the weekly program plan.

Children have input into the program menu, whilst learning the value of good healthy choices.

Our Educators

Each day is an adventure and creating new memories.

This is led by our dedicated, trained Educators that have the skills and abilities to ensure your child's time at the program is rewarding as well as memorable, but foremost making sure your child is always having a fun time in a safe and engaging care environment.

All our friendly Educators hold or are studying in an approved qualification and are trained in First Aid, CPR, Asthma Management, Anaphylaxis Management, Child Safe Training and hold a Working With Children's Check.



How to Register

As a licensed Child Care provider, we require all guardians accessing our services to complete the mandatory registration for their child to attend our care. This registration is a legal requirement for ATB to accept children into our care and gives ATB staff all the necessary information so we can provide the best care for each child entering our doors.

Registering your child through our secure online registration system via www.afterthebell.com.au is required.

Once the mandatory registration is completed ATB Head Office Registration Officer will review the registration form, then the Registration Officer will email the guardian a last verification step, once this is completed the guardian will be sent a Welcome email and confirmation of commencement date.

We encourage all families to register, even if you only use the service on an emergency needs basis.

This will ensure your child/ren will be cared for when/if required.

Program Details:

ADDRESS:
Fenton Street
Bendigo VIC 3550

ROOM LOCATION:
Multipurpose Room

PROGRAM NUMBER:
0448 375 923

Registration is FREE and provides peace of mind, knowing care is available when you need it.



Bendigo **Ford**



Go Further

MARONG CUP DAY



2023

SATURDAY 18 FEBRUARY



SUPPORTING BENDIGO CATHOLIC PRIMARY SCHOOLS

KIDS RIDES AND ACTIVITIES

Packages available • Umbrella Packages \$300 • Mini Marquees \$450

General Admission \$15 • Kids 16 & Under Free



BENDIGO JOCKEY CLUB

Phone 03 5448 4209 country.racing.com/bendigo



MARONG 20 CUP DAY 23

SATURDAY 18 FEBRUARY

CONTACTS

President

Tom Maher 0408 910 497

Marong Racing Club Inc.

PO Box 2705

Bendigo DC 3554

Email tom@maherrealestate.com.au

KIDS ENTERTAINMENT

Kids Ride passes only \$15
if purchased on the day

If prebooked at school \$10



BOOK YOUR 2023 PACKAGES NOW!

ADMISSION PRICES

Adults	\$15
Concession (<i>aged Pension and TPI only</i>)	\$10
Cross over to Members Reserve	\$10
Children (16 years and under)	FREE

TRACKSIDE UMBRELLAS

Fenced off enclosures on the lawns are set aside for package patrons.

• Market umbrella	\$300 (10 people)
• Table	<i>*Price does not include alcohol</i>
• Chairs	

Additions

Food (<i>BBQ with salad</i>)	\$20pp
Admission to course	\$15 adults

'SILKS' DINING PACKAGES

Silks dining room is located within the Members Reserve. Set high above the track, this is a spectacular location to view the course in air-conditioned comfort. There is also an outside balcony with the same elevated perspective to watch the races.

• Admission to 'Members Reserve'	\$75 per person
• Reserved seat for the day	
• Two course hot luncheon	
• Afternoon tea	
• Air-conditioned comfort	
• Racebook	
• Private TAB facilities	
• Cash bar	

MARQUEES

Mini Marquee (3m x 3m)	\$450 based on 10 people
Private Marquee Package (3m x 6m)	\$900 based on 20 people

- Tables
- Chairs

Additions

Food (<i>BBQ with salad</i>)	\$20pp
Admission to Course	\$15 adults

TERRACE AND DECK PACKAGES

The ultimate area to enjoy the races at the Bendigo Track!

• Marquee	\$700 (20 people)
• Large market umbrella	
• 2 garden tables	
• 20 chairs	
• 1 large wine barrel	
• 6 tolix bar stools	
• Racebook for each guest	

Beverage packages can be pre-ordered or drinks purchased at the cash bar.

For all Package Bookings contact the office at the Bendigo Jockey Club

03 5448 4209

visit our website country.racing.com/bendigo

or email us on info@bendigo.countryracing.com.au

FOR A HEALTHY LUNCHBOX SOMETHING FROM EACH GROUP 1-6!

PICK & MIX



Developed in conjunction with the Achievement Program to support a whole-school approach to healthy eating.



FOR A HEALTHY LUNCHBOX

PICK & MIX

SOMETHING FROM EACH GROUP

1-6!

FRUIT 1

FRESH FRUIT

- Apple
- Banana
- Mandarin
- Orange quarters
- Passionfruit halves (with spoon)
- Watermelon, honeydew, rockmelon chunks
- Pineapple chunks
- Grapes
- Plums
- Nectarines, peaches, Apricots
- Strawberries
- Cherries
- Kiwifruit halves (with spoon)
- Pear

MIXED FRUIT

- Fruit salad
- Fruit kebabs

DRIED FRUIT

- Dried fruit, nut, popcorn mixes*

TINNED FRUIT/SNACK PACKS/CUPS

- In natural juice (not syrup)

VEGETABLES 2

FRESH CRUNCHY VEGIES

- Corn cobs
- Carrot sticks
- Capsicum sticks
- Green beans
- Cucumber sticks
- Celery sticks
- Snow peas
- Tomatoes (e.g. cherry and Roma tomatoes)
- Mushroom pieces

Can serve with either:

- Hummus
- Tomato salsa
- Tatziki
- Beetroot dip
- Natural yoghurt

SALADS

- Coleslaw and potato salad (reduced fat dressing)
- Mexican bean, tomato, lettuce and cheese salad
- Pesto pasta salad*

BAKED ITEMS

- Grilled or roasted vegetables
- Wholemeal vegetable muffins or scones
- Vegetable slice (with grated zucchini and carrot)
- Popcorn

SOUP (In small thermos)

- Pumpkin soup
- Potato and leak soup
- Chicken and corn soup

MILK, YOGHURT AND CHEESE 3

- Milk
- Calcium-enriched soy and other plant-based milks
- Yoghurt (frozen overnight)
- Custard

Tip:

- Freeze the night before to keep cool during the day

- Cheese cubes, sticks or slices
- Cottage or ricotta cheese
- Cream cheese
- Tatziki dip

Can serve with either:

- Fruit
- Wholegrain cereal, low in sugar
- Vegetable sticks
- Rice and corn cakes
- Wholegrain wheat crackers

MEAT OR MEAT ALTERNATIVE 4

- Tinned tuna or salmon in springwater
- Lean roast or grilled meats (e.g. beef, chicken, kangaroo)
- Falafel balls
- Lean meat or chicken patties
- Tinned tuna or salmon patties
- Lentil patties
- Lean deli meats (e.g. ham, silverside, chicken)
- Boiled eggs
- Baked beans (canned)
- Tofu cubes
- Hummus dip
- Lean meat or chicken kebab sticks
- Peanut butter*

Can serve with:

- Wholegrain sandwich, roll, pita or wrap bread with salad
- Rice and corn cakes
- Wholegrain wheat crackers
- Side salad

- Vegetable frittata
- Skinless chicken drumsticks
- Savoury muffins or scones (e.g. lean ham, cheese and shallots)
- Homemade pizzas with lean roast or deli meats and vegetables

Can serve with:

- Side salad
- Steamed or roasted vegetables

GRAIN AND CEREAL FOOD 5

MAINS

- Wraps
- Sandwiches
- Rolls
- Toasted sandwiches

Tip: Use breads such as wholemeal, multigrain, rye, sourdough, pita, flat, corn, mountain, lavash, white fibre-enriched, soy and linseed, herb, naan, bagels, foccacias, fruit bread and English muffins.

- Pasta dishes
- Rice, quinoa or cous cous dishes
- Noodle dishes
- Sushi

SAVORY BAKED ITEMS

- Homemade pizzas
- Wholemeal savoury muffins or scones (e.g. ham, cheese and corn muffins)
- Vegetable based muffins
- Pasta or noodle bake

SWEET BAKED ITEMS

- Fruit loaf
- Wholemeal fruit based muffins

SNACKS

- High fibre, low sugar cereal (e.g. muesli)
- English muffins
- Crackers
- Crisps/spreads
- Rice cakes
- Corn thins
- Wholemeal scones
- Pikelets
- Crumpets
- Hot cross buns (no icing)

WATER 6

- Take a water bottle (for refilling throughout the day)

Tip:

- Freeze overnight to keep foods cool in lunchboxes

Sweet and savoury snack foods (e.g. muesli/fruit/nut bars, biscuits, crisps, cakes, muffins, slices) should be **limited** in lunchboxes. They can lead to excess energy intake if consumed in large amounts.

Sugar sweetened drinks and confectionery should not be included in lunchboxes. They can lead to excess energy intake and tooth decay.

