

Phone 03 5443 9319 | Fax 03 5443 9722  
Web: [www.spbendigo.catholic.edu.au](http://www.spbendigo.catholic.edu.au)

# UPCOMING events

<b>4</b>	SEP, MON		
<b>7</b>	SEP, THU	<ul style="list-style-type: none"> <li>All day</li> <li>8:30 – 9am</li> <li>10 – 11:30am</li> </ul>	<p>The Festival of The Sacred concert</p> <p>Seasons of Creation Breakfast and Drawings</p> <p>Passions and Pathways Expo- Bendigo Library</p>
<b>8</b>	SEP, FRI	<ul style="list-style-type: none"> <li>2:30 – 3:15pm</li> </ul>	Student Learning Expo
<b>11</b>	SEP, MON	<ul style="list-style-type: none"> <li>All day</li> <li>2:20 – 3:20pm</li> </ul>	<p>Division Athletics - Bendigo</p> <p>Season of Creation Mass</p>
<b>15</b>	SEP, FRI	<ul style="list-style-type: none"> <li>All day</li> </ul>	Last Day of Term 3- 2:15pm Finish
<b>2</b>	OCT, MON	<ul style="list-style-type: none"> <li>All day</li> </ul>	Term 4 Begins

You can always find this calendar on the home page of our website



## SEASON OF CREATION

**Join us**  
**Breakfast and Drawings**  
**Thursday 7th Sep 8:30am**  
**and**  
**Mass**  
**Monday 11th Sep 2:20pm**



Catholic Education Sandhurst Limited

presents

Festival of the Sacred

**Thursday 7 September 2023, 1pm**  
**St Francis of the Fields PS Strathfieldsaye – The Shed**  
**Featuring Grade 5 and 6 students from**  
 St Kilian's Primary School Bendigo  
 St Therese's Primary School Kennington  
 Marist College Bendigo  
 St Peter's Primary School Bendigo  
 Holy Rosary Primary School White Hills  
**Secondary performance from Marist College Bendigo**

This is a **FREE** event for all families and friends  
 of our school communities  
**Bookings essential:** [forms.gle/RkM2X4vmKzPepdkM7](https://forms.gle/RkM2X4vmKzPepdkM7)



### Something to Think About

Only by uniting our suffering in life to that of Jesus can we carry our crosses. Is there something in my life today or everyday that I am struggling under the weight of? Ask for the grace you need from God in this time of prayer.

### The Story

We are invited to follow in his footsteps. Like him, we are to be ready to take up our cross, whatever it may be, and carry it behind him. Notice, Jesus tells the disciples to take up their own cross, not his. The cross will be different for each person; it takes the form of some difficult thing. Something not chosen but clear.

### The Scriptures ~ Matthew 16:24-28

Then Jesus told his disciples, "If any want to become my followers, let them deny themselves and take up their cross and follow me. For those who want to save their life will lose it, and those who lose their life for my sake will find it. For what will it profit them if they gain the whole world but forfeit their life? Or what will they give in return for their life? "For the Son of Man is to come with his angels in the glory of his Father, and then he will repay everyone for what has been done. Truly I tell you, there are some standing here who will not taste death before they see the Son of Man coming in his kingdom."



## Ecological STEWARDSHIP PROJECT



**We are collecting bread tags.  
Please drop them to the office or Djak-tjarra.**

On Friday 1st September, the first day of Spring and the Seasons of Creation was celebrated with a picnic and special Mass led by Bishop Shane Mackinlay at the Notley Picnic Grounds.

Seven students from our 'Dhelkunya Dja'a' sustainability

group and several parishioners and schools from the

Sandhurst diocese attended, enjoying the Mass, a BBQ lunch (with bonus cupcakes)

and the special gift of BeesWax wraps for each student. The students are to be

commended on the way they proudly represented our school, and a special mention

goes to Brooklyn who did a wonderful job reading a Prayer of the Faithful in front

of so many people.



Kristy Dupille & Sherree Jorgensen  
✉ wellbeing@spbendigo.catholic.edu.au  
☎ 5443 9319



# St. Peter's Primary School Wellbeing



### Talk to school if:

Your child is not wanting to attend school  
You need support getting your child to school



lil mckern steel foundation



Every morning  
from 8:30am  
in the Djak-tjarra



This week, as part of our 5 Ways to Wellbeing, we are focusing on being active.

Did you know that your brain and your body both like it when you are active?

Your brain likes it so much it releases chemicals called “endorphins” and these chemicals make you feel happier!

Exercise can also help you feel better, sleep better, and be fitter which can make you feel good about yourself too!

Physical activity is good for our minds and bodies, reducing stress and anxiety and boosting confidence.

Children who are physically fit are more likely to do better at school, as well as feel better about themselves?

This week you might like to enjoy the sunshine and go for a walk with your child, draw hop scotch on your footpath, or kick the footy together. Being active helps adults and children alike!

If you would like more information about how to use the 5 Ways to Wellbeing in your family and lives why not create an action plan <https://www.5way-stowellbeing.org.au/action-plan/>



## Library News

### Congratulations to our book week colouring competition winners!

Foundation/ 1- Lea  
Grade 1/2 - Evan  
Grade 3/4- Kacee

