



Newsletter

19 August 2024

"Behold, I make all things new"

Revelations 21:5

Good afternoon everyone.

School Closure and Special Parent Night

Yesterday, we had a school closure day for our staff to work with behaviour specialist Dan Petro. Dan has been connected with our community for the past 10 years and, as always, was inspiring. He engaged well with our staff, sharing evidence-based research. Dan also hosted a parent night, which was well attended by over 25 adults from our community. He spoke about flexible alternatives to make parenting a little easier. Thank you to all the families who attended. We know the pizza was enjoyed, and Dan's insights were appreciated.

Book Week & Blurbs Concert

This week is Book Week! The theme for 2024 is "Reading is Magic," and we have many activities planned for the students. On Wednesday, the 21st, we will host our Blurbs concert at 2 PM, and families are welcome to join us. On Friday, the 23rd, we will have Dress-Up Day, and students are encouraged to come to school dressed as a book character. Please don't feel the need to spend money on costumes—get creative with what you already have! Remember, students should wear covered shoes (e.g., runners) and be sun-smart (e.g., no singlet tops).

Athletics

Several students will be attending the Catholic Athletics on Wednesday, August 21st, the same day as the Blurbs concert. Those representing St. Peter's will return around the time the concert begins at 2pm or shortly after. We wish all our students the best of luck as they represent our school!

Passions & Pathway Incursions/Excursions

Last Thursday, August 15th, our Year 5/6 students participated in the Passions & Pathway Careers Roadshow, where they visited some incredible businesses around Bendigo. They learned about various jobs and

careers, including stops at ACE Laboratory, Safescape, Hofmann Engineering, Bunnings, and Lansell Homes. We are grateful to all the businesses for their support. Additionally, our Year 5/6 students have been fortunate to collaborate with staff from Luchiano Pizza and will continue this exciting venture this week. We also had a special visit from Rorey Doolan from CES, who talked about the Army Reserve and gave students a close-up look at an Army Jeep and the gear he kindly brought in for us them to see.

Mental Health Month

This week marks the beginning of Mental Health Month (and a bit). Each week has a focus, built on the 5 Ways to Wellbeing, an evidence-based approach to improving and maintaining mental health and wellbeing. This week, our community will focus on "Keep Learning," which ties in well with Book Week. For more information, you can visit the 5 Ways to Wellbeing website: <https://www.5waystowellbeing.org.au/>.

Jen Roberts' Absence

Jen Roberts had to unexpectedly have her appendix removed at the end of last week. Thankfully, she's doing well and is on the road to recovery, but she'll need some time to rest and regain her strength. In the meantime, Miggy Podosky will be acting as Co-Principal and supporting Jeremy with the running of the school. We send Jen all our thoughts and prayers for a speedy recovery.

A moment in Prayer

Heavenly Father,
We thank You for the gift of learning and the joy it brings to our hearts. As we celebrate Book Week, help us to grow in knowledge and wisdom. Guide our students, staff, and families with Your love, and bless our community with peace and unity. May we always seek to support one another and find joy in the journey of learning together. We ask this prayer through Christ our Lord. Amen.

*God Bless,
Jen & Jeremy*

Library News



**Book Week Dress Up Day is now on
Friday 23rd August**
Blurbs Concert will still be on 21st August at
2pm.

BOOK WEEK 2024

DRESS UP DAY ON THE 23RD
OF AUGUST
AND BLURBS COMING AT
2PM 21ST AUGUST

CHANGE
OF DATE



**THEME READING
IS MAGIC**



BIKE ED

3/4Wirrap bikes/helmets on Thursday 22nd August and
3/4Barrangal bikes/helmets on Friday 23rd August.

Upcoming Dates

Wednesday 21st August

Blurbs Performance at 2pm

Friday 23rd August

Book Week Dress Up Day - Reading is Magic

Friday 13th September

Passions and Pathways, Session Two - 5/6
Unit

AWARDS

Wirrap

Josmi

PE

Aryan

5/6 Ngana-nganity

Enviro

Andre

CO-PRINCIPAL AWARD



Last weeks award went to Tanesha in Grade 6 whom consistently shows all 4 School Values - all day, every day! Tanesha has also shown resilience with many changes in her life recently. Well done Tanesha.

St. Peter's Primary School

Physical Education

Mr. Jake Wilkinson - P.E Coordinator



20th Sunday in Ordinary Time

Something to Think About

Imagine that Jesus is inviting you to a special meal, but it's not like any other meal you've had before. This meal is about becoming closer to Jesus and being part of His family. When Jesus talks about eating His flesh and drinking His blood, He means that we need to accept Him fully into our lives—believing in Him, trusting Him, and letting Him be part of everything we do. Just like how food gives us energy and helps us grow, being close to Jesus helps us grow in our faith and become better people. Jesus promises that if we stay close to Him, we will have a special life with Him forever, even after we leave this world. So, when you think about this passage, remember that Jesus wants to be a part of your life every day, helping you and guiding you.

The Story

In this passage, Jesus tells the people that He is the "living bread" that came down from heaven. He explains that whoever eats this bread will live forever. The bread He gives is His flesh, which He will give for the life of the world. Jesus then says that unless people eat His flesh and drink His blood, they cannot have eternal life. But those who do eat His flesh and drink His blood will live forever and will be raised up on the last day. Jesus emphasizes that His flesh is true food, and His blood is true drink.

The Scriptures - John 6:41-51

Jesus said to the crowd:

'I am the living bread which has come down from heaven.

Anyone who eats this bread will live for ever; and the bread that I shall give is my flesh, for the life of the world.'

Then the Jews started arguing with one another: 'How can this man give us his flesh to eat?' they said. Jesus replied:

'I tell you most solemnly, if you do not eat the flesh of the Son of Man and drink his blood, you will not have life in you.

Anyone who does eat my flesh and drink my blood

has eternal life,

and I shall raise him up on the last day.

For my flesh is real food

and my blood is real drink.

He who eats my flesh and drinks my blood lives in me

and I live in him.

As I, who am sent by the living Father,

myself draw life from the Father,

so whoever eats me will draw life from me.

This is the bread come down from heaven; not like the bread our ancestors ate:

they are dead,

but anyone who eats this bread will live for ever.'



St Peter's Primary School, VIC - Educational Support Officers Team Highly Commended

Nominated by: Lauren White & Alexandra LoveLinay,



Front row: Kasey Riches, Olivia Pope & Georgina Hetherington

Middle row: Michelle Barri, Hannah Baker, Cooper Houston, Ella Sloane, Jack Carey, Siologa Siu, Kristy Dupille & Madison Hall

Back row: Blake Barri & Jane Walsh

The St Peter's Primary School Educational Support Officers (ESOs) have been Highly Commended in the 2024 Australian Teacher Aide of the Year Awards.

The 21 ESOs excel in supporting students with trauma, disadvantage, and disabilities through personalised assistance, daily wellbeing check-ins, and evidence-based trauma support. Their efforts include managing individual programs, engaging students in learning, and running essential school programs like breakfast club and brain breaks.

They collaborate closely with teachers and families, sharing crucial information and coordinating support to enhance student outcomes. Their commitment to professional development and feedback ensures they continuously improve their practices.

The ESOs' unwavering dedication and compassionate approach play an impactful role in the school's success, ensuring every student feels supported and valued.

FRESH FRUIT FRIDAY

Benefiting the health and wellbeing of our Bendigo school children

Proudly funded and supported by:

MCKERIN Foundation, INSTANT, FURPHY, BlueScope, JL King & CO, IMPACTA, Adroit, LTS equipment, Viatek, Brava, red energy arena, Bendigo Community Health services, GAM

St. Peter's Primary School
Ecological
STEWARDSHIP PROJECT



Mrs. Lauren White - Eco-Stewardship Coordinator

Breaky Club

Please remind your children to greet their teacher and put their bag away before going to have breakfast (if they haven't eaten at home). If they finish early, then they can go to the playground or back to their classroom to do an activity. If they play first, they won't have time to go and eat. 😊

This week at Djak-tjarra we have:

Tuesday = 5/6 Banya

Wednesday = 1/2 Djulin

Thursday = 3/4 Wirrap

ALL classes run from 12 noon - 1:50pm.

PLEASE DON'T FORGET DRINK BOTTLES!

St Peter's Mental Health Month & a bit
5 WAYS TO MENTAL WELLBEING

KEEP LEARNING	GIVE	TAKE NOTICE	CONNECT	BE ACTIVE
(BOOK WEEK) 19 - 23 AUG	26 - 30 AUG	2 - 6 SEPT	9 - 13 SEPT	16 - 20 SEPT

This week, across our school, we are focusing on mental health. We often focus on being physically healthy, and all the ways we can improve or maintain our physical health, but did you know that there are also ways to improve our mental health as well? These scientifically researched and proven strategies are called the 5 Ways to Mental Wellbeing.

The 5 ways to Mental Wellbeing are: Keep Learning, Give to Others, Take Notice, Connect with Others and Be Active, and will be our focus for the next 5 weeks in our Big Question and through activities for staff and students.

To start off this week we are focusing on "Keep Learning" as part of our Book Week celebrations. Learning new things and challenging your mind is like exercise for your brain. Learning also gives you a sense of achievement, and releases feel good chemicals so you feel better about yourself. This week for Book Week you might like to share a new book with your child, take a trip to the Bendigo Library, learn a new dance together, or have a go at the Mental Health Week Bingo!

ST PETER'S

Mental Health Month

Name _____ Class _____

Try one activity from each colour. Circle what you do and pop it in the box at office, a winner will be drawn from each unit



Connect



Take Notice



Be Active



Keep Learning



Give

<p>Play a game with your family or friends</p> 	<p>Think about all the things that make you happy.</p> 	<p>Spend 30 minutes doing your favourite exercise</p> 	<p>Try a new baking or cooking recipe</p> 	<p>Make something for a friend or family member</p> 
<p>Write a nice letter or a Shout Out</p> 	<p>Sit quietly outside and listen for sounds. How many can you hear?</p> 	<p>Skip for 5 minutes</p> 	<p>Do mindful colouring or journaling</p> 	<p>Tell someone why you are thankful for them</p> 
<p>Read a book with a friend or family member</p> 	<p>Spend time watching clouds, what shapes can you see?</p> 	<p>FREE! Your choice!</p> 	<p>Eat a food that you haven't eaten before.</p> 	<p>Pick up rubbish and "Care for the environment"</p> 
<p>Give someone a hug (person, toy or animal).</p> 	<p>Take a nature walk, what can you see, hear, smell and see?</p> 	<p>Teach a family Member or friend an exercise you enjoy.</p> 	<p>Teach someone you know something you love to do.</p> 	<p>Invite someone to play with you who is on their own</p> 

Community News

NOW OPEN!

APPOINTMENTS CURRENTLY AVAILABLE!

Indigo Play Therapy

Ph) 0461 311 415
E) admin@indigoplaytherapy.com.au
Bendigo, Vic

VISIT OUR WEBSITE

www.indigoplaytherapy.com.au

join the party

Don't miss the 5-week party full of fun and footy in Term 3! There's a new party on every week to enjoy at your All Girls NAB AFL Auskick Centre!

BENDIGO ALL GIRLS AUSKICK
Tuesday 4:00pm - 5:00pm at Weeroona Oval starting 3rd September.
\$50 for 5 weeks of football fun for girls aged 5 - 7 with the help of the Bendigo Thunder Women's Team!

nab AFL Auskick
play.afl/auskick

ALL REGISTERED PARTICIPANTS GO IN THE DRAW TO WIN A SIGN CARLTON AFLW JUMPER

CHOOSE YOUR FOOTY ADVENTURE

BENDIGO THUNDER ALL GIRLS AUSKICK AND SUPERKICK
STARTING TUESDAY 6TH AUGUST FOR 5 WEEKS

Bendigo B.W.F.C
Women's Football Club Inc

nab AFL Auskick
4-8 year olds

Come find your awesome at NAB AFL Auskick. An introductory program to Australian rules football, teaching skills through fun activities and mini games.

AFL Superkick
8-12 year olds

Level up your footy with skills and modified match play in weekly sessions. NAB AFL Superkick is tackle-free and great for Auskick grads and newbies alike.

VISIT PLAY.AFL

AFL Superkick

FIND YOUR FOOTY
Learn through skills and tackle-free, match-based sessions.

ALL GIRLS SUPERKICK CENTRE
Tuesday 4:00pm - 5:00pm at Weeroona Oval starting 3rd September.
\$50 for 5 weeks of football fun for girls aged 8 - 12 with the help of the Bendigo Thunder Women's Team!

play.afl/superkick

ALL REGISTERED PARTICIPANTS GO IN THE DRAW TO WIN A SIGN CARLTON AFLW JUMPER

LEARN TO PLAY

Whether you are 2 years old or 70 years old, we have a program for you.

No matter the ability, experience or age!

For more information contact us sports.office@bendigostadium.com.au

BENDIGO BASKETBALL ASSOCIATION



IDDY BIDDY BALL

SUITABLE FOR 2 - 4 YEAR OLDS

Run by our very own Bendigo Braves players, Iddy Biddy Ball is designed to give kids the opportunity to learn fundamental basketball skills and have fun in a social and friendly environment.

MONDAY - FRIDAY IN 2024
(RED ENERGY ARENA)

SEE WEBSITE FOR DAYS & TIMES

SCAN FOR MORE INFORMATION

\$15

Pay as you go

45 minute skills session
Coffee (For mum or dad)
Fruit (For the kids)



BENDIGO BASKETBALL ASSOCIATION

BIDDY BALL

SUITABLE FOR 4 - 8 YEAR OLDS

Biddy Ball is designed to give kids aged 4 - 8 the opportunity to learn fundamental basketball skills and have fun in a social and friendly environment.

MONDAY / TUESDAY / THURSDAY
(RED ENERGY ARENA)

4:15PM - 5:00PM

SCAN FOR MORE INFORMATION

\$50

Per term

45 minute skills session
Optional T-shirt for \$20



BENDIGO BASKETBALL ASSOCIATION

FORD AUSSIE HOOPS

SUITABLE FOR 6 - 10 YEAR OLDS

Aussie Hoops is a national program which provides an environment where children of all abilities can achieve on the court and reap the rewards of skill development, enhanced self-esteem, social co-operation and grassroots sports participation.

TUESDAY & THURSDAY
(RED ENERGY ARENA)
4:00PM - 5:00PM

SCAN FOR MORE INFORMATION

\$132.50

New participant

or

\$89.50

Returning participant



BENDIGO BASKETBALL ASSOCIATION

ACCESS ALL ABILITIES

SUITABLE FOR ALL ABILITIES

The Bendigo Basketball Association in conjunction with Red Energy Arena, runs the Access All Abilities (AAA) program for persons with a disability.

WEDNESDAYS
(RED ENERGY ARENA)
4:00PM - 5:00PM

SCAN FOR MORE INFORMATION

\$5

Pay as you go



BENDIGO BASKETBALL ASSOCIATION

WALKING BASKETBALL

SUITABLE FOR SENIORS

Walking Basketball is a low impact, social and fun way aimed to get adults and seniors into physical activity. Whether you've played basketball before and are wanting to try something new, everyone is welcome to come and join Walking Basketball.

WEDNESDAYS
(RED ENERGY ARENA)
10:30AM - 11:15AM

SCAN FOR MORE INFORMATION

\$15

Pay as you go

45 minute skills session
Coffee/Tea
Cake/Biscuits



BENDIGO BASKETBALL ASSOCIATION