

## Good afternoon families

### Jets Gym

This week will be the final week of the gym program. The students have had a great time and improved their skills across the board! They have developed strength, balance and coordination throughout the program. There are some very skilled gymnasts amongst our kids!

### Book week and Dress Up Day

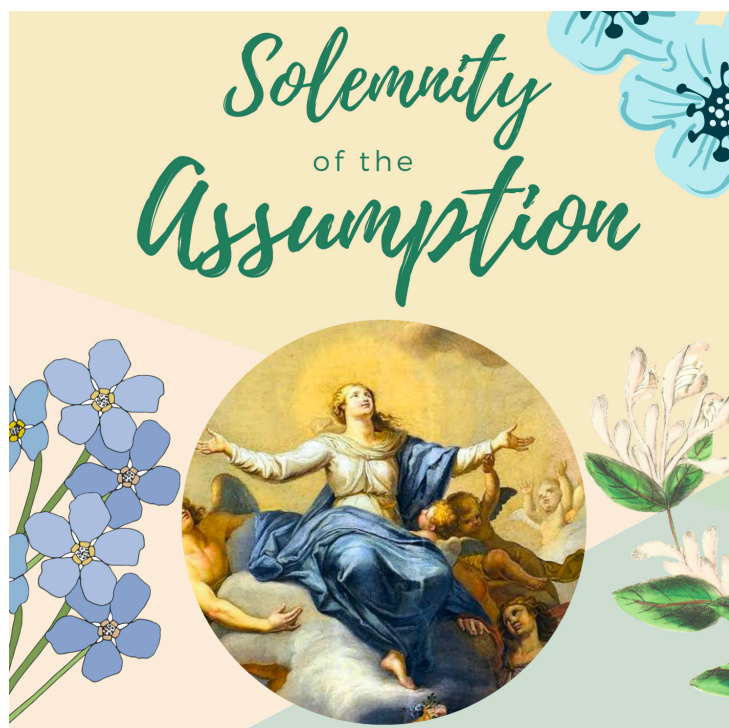
Book week will be celebrated from Monday 23rd of August to Friday the 27th. The Blurbs concert was booked for Tuesday the 24th - but that has been rescheduled to October 12th. Friday the 27th will be our dress-up day. Hopefully!! This year's theme is "Old World, New Worlds, Other Worlds". It's time to start planning your costumes.

## A moment in Prayer

Yesterday was the Solemnity of the Assumption. This is the day we commemorate Mary, the mother of Jesus, being taken into heaven.

Hail Mary, Full of Grace, The Lord is with you  
Blessed are you among women  
And blessed is the fruit of your womb, Jesus.  
Holy Mary Mother of God,  
Pray for us sinners now and at the hour of our death  
Amen

*God bless, Jen & Mick*



## AWARDS

Term 3 Week 4 & 5

At the moment we are unable to have our usual Assembly on Wednesday afternoons - so we have simply been handing out weekly awards over the PA system. Here are the award winners for the last two weeks:

<b>Balam Balam</b>	Alayshia Hall, Charlotte Wilson & Kacee Borserio
<b>Mur Murra Duan</b>	Aryan Sharma
	Tjandamarra Hudson-Morgan & Archie Wilson
<b>Mummumburra Barrangal</b>	Novalee Bailey
<b>Yulawil</b>	Zayvieah Morgan & Imogen Keller
<b>Wirrap</b>	Yarran Briggs
<b>Guwak</b>	Zoe Goudge
	Kartik Sharma, River Farrow, Imogen Jones-Jack, Sam Goudie Kennedy
<b>Njana Nganity PE</b>	Tadym Borserio & Logan Whittle
<b>Enviro</b>	Melba, Ava, Thando, Lill & Heath
	Zayvieah Morgan
	Kasey Pickett

### Co-Principals Award

Sam Goudie-Kennedy received the Co-Principal Award in Week 4 for showing incredible Care for Self and Care for Learning during the lockdown period. Sam consistently puts in super effort to his Home Learning Pack, completing all set tasks, and much more. Congratulations Sam - what a great love of learning you have!



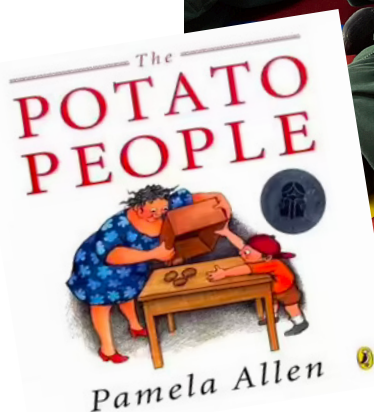
Libby Taw received the Co-Principal Award for Week 5.

Libby always shows all 4 School Values - in particular Care for Others and Care for the Environment. Libby checks in with lots of children each day, helps others in the yard and is always keeping an eye out for others. She is also vigilant in keeping our yard clean and helping our sustainability group whenever she can. Thank you Libby - you have already achieved such a lot for a Year 1 student!!





# CELEBRATING 100 DAYS OF LEARNING



Mummumburra celebrating 100 days of learning and sharing their gorgeous little potato people creations.





## 19th Sunday in Ordinary Time

### Something to Think About

Mary rejoices in God's activity in her life: does that find an echo in your own heart? She comes across as very much alive, with a revolutionary spirit: she is passionate about justice and the reign of God. Ask her to fire you with the same passion!

### The Story

This is a feast of rejoicing and hope for us too. Mary, one of us, is in heaven with body and soul, and at the end of time we will be there too, for that is our destiny. With her, with the Holy Trinity and with our loved ones. With our bodies too: those same bodies that can be the source of so much worry and trouble will be glorified forever with God. I thank God for creating me in his image, and for the great gift of my body which makes it possible for me to share my life with others, to communicate, to enjoy life and help others enjoy life too.

### The Scriptures

#### A Reading from the Holy Gospel according to Luke 1:39-56

In those days Mary set out and went with haste to a Judean town in the hill country, where she entered the house of Zechariah and greeted Elizabeth. When Elizabeth heard Mary's greeting, the child leapt in her womb. And Elizabeth was filled with the Holy Spirit and exclaimed with a loud cry, 'Blessed are you among women, and blessed is the fruit of your womb. And why has this happened to me, that the mother of my Lord comes to me? For as soon as I heard the sound of your greeting, the child in my womb leapt for joy. And blessed is she who believed that there would be a fulfilment of what was spoken to her by the Lord.'

And Mary said,  
'My soul magnifies the Lord,  
and my spirit rejoices in God my Saviour,  
for he has looked with favour on the lowliness of his servant.

Surely, from now on all generations will call me blessed;  
for the Mighty One has done great things for me,  
and holy is his name.

His mercy is for those who fear him  
from generation to generation.

He has shown strength with his arm;

he has scattered the proud in the thoughts of their hearts.

He has brought down the powerful from their thrones,  
and lifted up the lowly;

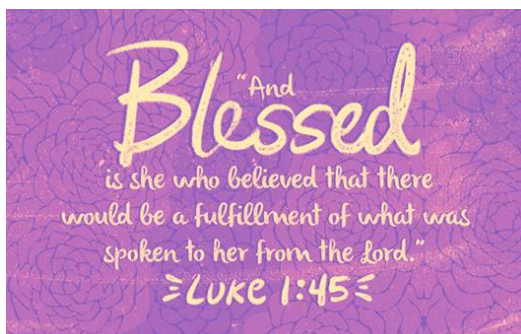
he has filled the hungry with good things,  
and sent the rich away empty.

He has helped his servant Israel,

in remembrance of his mercy,

according to the promise he made to our ancestors,  
to Abraham and to his descendants for ever.'

And Mary remained with her for about three months and then returned to her home.



#### Knowing your Teen

**When:** Day Session - Wednesday 8th September

**Time:** 12.00pm - 1.30pm

**When:** Evening Session - Thursday 9th September

**Time:** 7.30pm - 9.00pm

**Cost:** Free

**Where:** Online Zoom Session

**Contact:** Reception on 5438 1300

St. Peter's Primary School

# Ecological

STEWARDSHIP PROJECT



Mrs. Lauren White - Eco-Stewardship Coordinator



"I believe that the way to change how kids feel about food is for them to have a hands-on experience and to learn about it from the very beginning of popping a seed in the ground to coming into a kitchen and sitting around the table and eating with their friends."

[Stephanie Alexander, 2011]

## What is the SAKGF?

SAKGF stands for the Stephanie Alexander Kitchen Garden Foundation. It is a program that encourages schools and services to run kitchen and garden classes. Their hope is to "introduce pleasurable food education to children during their learning years, in order to form positive food habits for life."

## When did SAKGF start and why?

Stephanie Alexander OAM established the program in 2004 after trialing a pilot program at Collingwood College in 2001. She recognised the growing obesity problem in Australia and felt that educating people about fresh, healthy and delicious food could help.



## What can you do?

Enjoy planting, growing, picking and cooking fresh food with your family. It can be lots of fun and is much cheaper and healthier for you. You never know...you may have the next Master Chef next to you!

RESOURCE: <https://www.kitchengardenfoundation.org.au>

Some 3/4 students in our new aprons from SAKGF for cooking.

dates  
to Remember



# DJAK TJARRA

Tuesday - 5/6 Guwak

Wednesday - F Mummumburra

Thursday - 3/4 Yulawil

We've had lots of rain so  
bring your gumboots if you wish.



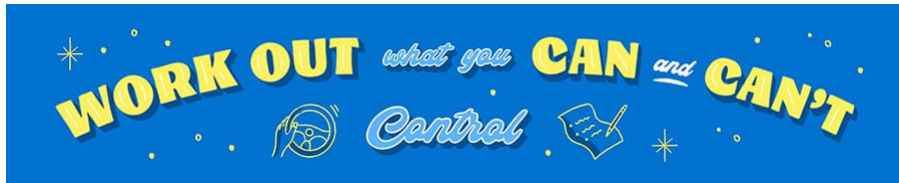


# St. Peter's Primary School Wellbeing

Kristy Dupille & Sheree Jorgensen

[wellbeing@spbendigo.catholic.edu.au](mailto:wellbeing@spbendigo.catholic.edu.au)

From the moment when COVID-19 first steamrolled into our lives, we've had to learn to deal with change, as each stage of the pandemic has changed the way we live, work and socialise. While it's normal to feel frustrated and unsettled by all this uncertainty, there are ways you can equip yourself while dealing with life changes.



Much of the anxiety during COVID-19 comes from the reality that many decisions are out of our hands. Feeling like we're not in control of our own path is pretty unsettling, but figuring out precisely what you can and can't do will help you to maintain a sense of stability and reduce any fear or anxiety.

## But how?

You can't prevent a storm from happening, but you can pack an umbrella. Preparation is the key to figuring out what you can and can't control. Try making a list of what's worrying you (i.e. fears). You can then start to figure out ways to address these problems (i.e. fixes). For example:

**Fear:** Returning to team sport will be tough, and I won't be any good after all this time off.

**Fix:** Remind yourself that everyone is in the same boat. You can also start working on your skills at home, so that when training resumes you're not coming in cold.

**Fear:** The place I live might be impacted by COVID-19 lockdowns for a long time.

**Fix:** Maintain your personal hygiene, continue to practise social distancing and encourage others to do the same.

By coming up with fixes for any fears you have, you'll take back your decision-making power.

## Every minute matters

Start of Day Matters

- aim to be at school by 8.45 am for a 9.00 am start



Every day your child can enjoy a delicious free healthy breakfast from 8:30 in the Djak Tjarra (Enviro). We have a range of cereals, toast, fruit, juice and yoghurt. Yummo!!



Food Boxes are available on Fridays  
If you find yourself needing food support please let us know - we are always happy to help out.



Thursday  
at 2nd Break  
for 5/6s

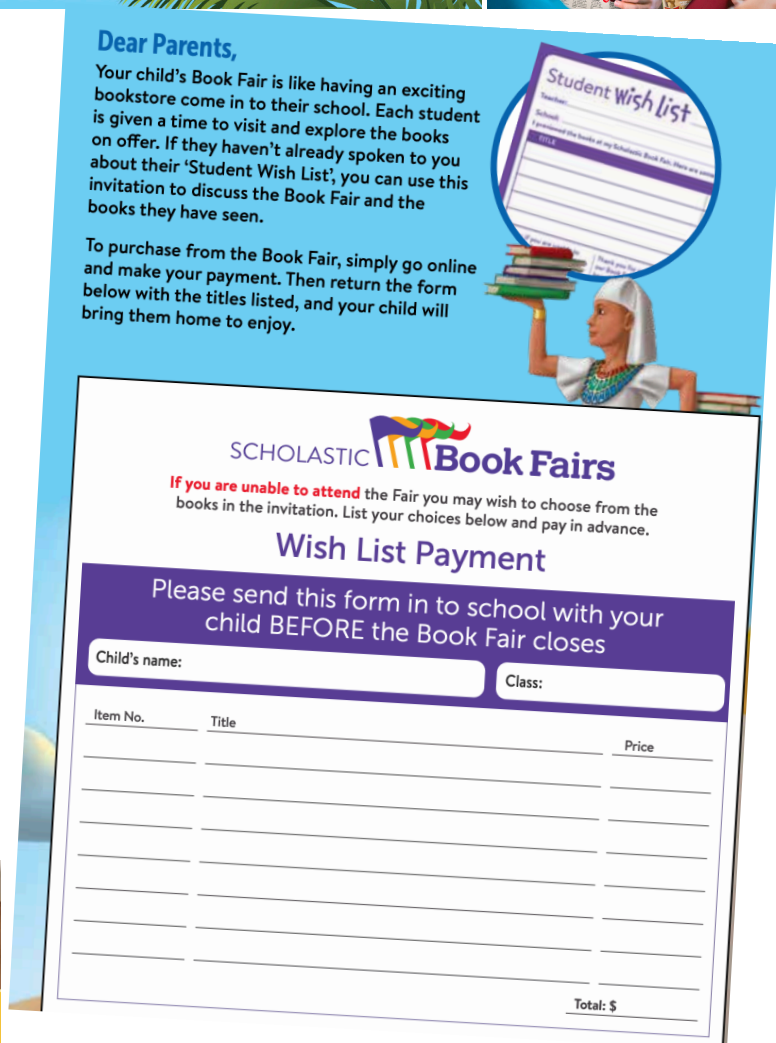
Canvases coming along nicely!  
So bright and creative.



New 5/6  
Peaceful Kids group  
to start this week



**FRIDAY 27<sup>TH</sup> AUGUST DRESS-UP DAY**



Children will be having a look in their classes.  
Then they will bring home a wish list and families can then pay for them online and orders will be fulfilled at school.  
All the information on how to do this is on the back of the wishlist.  
Families can also send cash back to school with their wishlist.







after the  
**BELL**  
GROWING CURIOUS MINDS

# St Peter's OSHC. Newsletter

## EXCITING PROGRAM AHEAD TERM 3 - WEEK 7

Monday - Superhero Cape Making

Tuesday - All good spy's need magnify glass and notebooks

Wednesday - Let's have fun with secret messages

Thursday - Today we will make fingerprint ID cards

Friday - Join in the fun of handprint superheros



### COOKING CLUB:

Weetbix Oat Cookies

## JOKE OF THE WEEK

WHAT HAPPENS WHEN FROGS PARK ILLEGALLY?

THEY GET TOAD

## JUNIOR LEADER

Ella (Mary) is this weeks junior leader, she has done some great master chef artwork on her apron and oven mitt. Well Done!

## HIGHLIGHTS

## JOIN THE FUN OF OSHC

Registration is FREE all you need to do is visit our website at

[www.afterthebell.com.au](http://www.afterthebell.com.au)

and complete the online Registration Form.

Please feel free to contact our head office as we are happy to help you out with the process.

CONTACT US

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