

Hello families

5/6 Camp

The 5/6 students enjoyed a great 3 days at camp last week. They learnt a lot about themselves and how to work together through all the amazing activities both at camp and at Sovereign Hill. We would like to thank our amazing staff who planned the activities and went on camp - this is a huge ask for teachers and support staff - and we are very grateful to all who participated. (some photos on next page)

Sorry Day & National Reconciliation Week

On Friday we marked National Sorry Day with a talk and smoking ceremony with Jason from the Dja Dja Wurrung Corporation (and parent of Jason in Yr 5). The students listened carefully and participated respectfully in the smoking ceremony. Thanks to Madi (St. Peter's Koori Education Worker) and Jake Wilkinson for organising the afternoon. National Reconciliation Week commenced on 27 May and goes through to 3 June. This year's theme for 2023 is 'Be a Voice for Generations'. It is a great opportunity for our community to continue to learn about our shared histories, cultures and achievements while encouraging all to be a voice for reconciliation in tangible ways in our everyday lives.



Big Questions...

Each week we will be asking a Big Question in all classrooms across the school for discussion throughout the week. The idea is to have some whole school learning on different topics that we can talk about each morning and at assembly. This week's Big Question is: How can we keep ourselves safe online? The teachers are provided with appropriate, evidence-based resources to support the learning for each question. Please chat to your children about the conversations they are having in class.

Head Lice

We currently have many families across the school who are finding it very difficult to get rid of head lice on their children's heads. You must treat the hair then follow up weekly using the lice comb to comb through the hair very carefully. We know this is difficult and frustrating so we ask that families are especially vigilant checking and treating hair over these next few weeks to see if we can eradicate it. Brochure attached for more information.

NOW TAKING 2024 PREP ENROLMENTS

Enrolment packs available at the office
For more information please call **5443 9319**



AWARDS

Term 2 Week 5

Mumumburra

Duan

Balam-balam

Barrangal

Yulawil

Wirrap

Guwak

Banya

Ngana-nganity

Riley

Theodore

Mady

Tori

Jacky

Annaleise

Leo & Bella

Whole class

Mason & Lucas



CARE FOR SELF



CARE FOR OTHERS



CARE FOR LEARNING



CARE FOR ENVIRONMENT



St. Peter's
PRIMARY SCHOOL

Co-Principal **AWARD**

Awarded to

Logan

For consistently showing all 4 school values, especially care for others which is seen in every interaction with those he encounters.

A moment in Prayer

Dear God,
Please bless all First Nations people this week as we mark National Reconciliation Week.
Help us work with all Aboriginal and Torres Strait Islander people for reconciliation and justice.

God bless, Jen & Jeremy

**BE A VOICE
FOR VOICE
GENERATIONS**

**NATIONAL
RECONCILIATION
WEEK 2023**

27 MAY — 3 JUNE

ACT TODAY FOR A RECONCILED TOMORROW

#NRW2023

NRW.RECONCILIATION.ORG.AU





Camp Day 1

We were straight into activities at Log Cabin Camp, exploring the high ropes, flying fox and archery on Day 1. The 8 different sections on the high ropes course taught us that we have the skills to rise to any challenge we experience. It was fabulous to see so much teamwork, and students helping one another through the sections. On the flying fox, we got to climb a high ladder and jump off the platform on our own or in tandem with a friend. Mr P caught us



Sovereign Hill Day 2

Walking up the Main street of Sovereign Hill was like taking a step back in time. We got to watch another school dressed up in clothes from that time walking to school. We noticed things like the hats they wore, how they held their hands and what their hair looked like. We walked through the general store, bakery, blacksmith, hotels and the confectionary store. We watched a gold pouring demonstration with a \$300K bar of gold and had an underground mine tour. We also went gold panning and found gold. Yes, we got LOTS of lollies!!



**SOVEREIGN
HILL**

SH



UPCOMING events

1	JUN, THU	● 9 – 10am	Cuppa catch-up with wellbeing team
8	JUN, THU	● 9 – 10am	Cuppa catch-up with wellbeing team
12	JUN, MON	● All day	King's Birthday Public Holiday
14	JUN, WED	● All day	Division 2 Soccer
15	JUN, THU	● 9 – 10am	Cuppa catch-up with wellbeing team
22	JUN, THU	● 9 – 10am	Cuppa catch-up with wellbeing team
23	JUN, FRI	● All day	Last Day Term 2
10	JUL, MON	● All day	Term 3 Begins

Thursday
MORNING
coffee and catch-up

EACH THURSDAY MORNING AT 9AM

with
the wellbeing
team

CLASSES IN
DJAK-TJARRA
THIS WEEK

Tuesday - 3/4 Wirrap
Wednesday - 1/2 Mumumburra
Thursday - 5/6 Ngana-nganity

Bread bags

**Start
Collecting
TODAY!**

Wonder
Recycling
Rewards
for schools



School Athletics

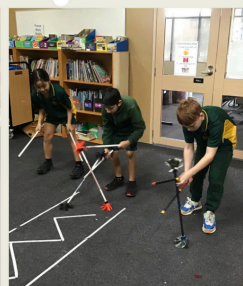
What's Happening in the Middle Unit

The Middle Unit have been very busy so far this term. Check out some snap shots of the exciting things we have been doing.



ALERT Program

Connected Circus



Footy Clinic



St. Peter's Primary School Ecological STEWARDSHIP PROJECT



Mrs. Lauren White - Eco-Stewardship Coordinator

You're invited to
Djak-tjarra

If you'd like to spend time with us in our kitchen garden,
WE WOULD LOVE TO HAVE YOU!

No expert skills or particular knowledge is needed

A current working with children check is required.
Put your name down at the office and we'll be in touch!

Cooking • Gardening • Sustainability

**St. Peter's
PRIMARY SCHOOL**

Life to the Full



St. Peter's Primary School Wellbeing

Kristy, Sheree, Madi & Karli

wellbeing@spbendigo.catholic.edu.au

5443 9319

This week's big question...

How can we keep
ourselves safe on line?



This week our classes will start discussing a "Big Question". Each week we will have a different question to discuss in circle time, to help us have conversation about important topics like cyber safety and being a good friend online. Each week in the newsletter we will share the "Big Question", along with resources, to support you to continue the conversations at home.

Parent Resources

If your child is experiencing difficulty online with their, or someone else's, behaviour you might like to look at www.esafety.gov.au/kids/i-want-help-with together.

Like to know what Apps are safe and how to help your child stay safe using Apps and games? This useful guide can help you understand more <https://www.esafety.gov.au/key-issues/esafety-guide>

If you would like more information about on line safety the Office for the esafety Commissioner has lots of great information and resources to support you <https://www.esafety.gov.au/parents>



Attendance Matters

Education is a Partnership

Young Person + Family + School
= Emotional Success

Work with your school to support
your young person

St. Peter's Primary School Catholic IDENTITY



Mr. Miggy Podosky. - Catholic Identity Coordinator

Something to Think About

I pray in a special way for the Church, spread throughout the world under the guidance of the Holy Spirit. I ask for the grace to grow in love for the Church, which is the body of Christ himself, and of which I am a living part.

It is through her that I receive the Word, the Eucharist, forgiveness of sins and so much more. It is the holy bride of Christ, but it is also full of sinners, like myself. I pray for the Church to be open to the Spirit, as it carries out Jesus' command to be his witness in the world of today.



The Story

Today we celebrate Pentecost when the Spirit was given to the disciples. It is the birthday of the Church, the day when the timid and uncertain apostles were transformed into bold preachers of Jesus and his resurrection. The same Spirit is still as active in the Church today, transforming it - and us - into better missionaries.

The Scriptures

A Reading from the Holy Gospel according to John 20:19-23
When it was evening on that day, the first day of the week, and the doors of the house where the disciples had met were locked for fear of the Jews, Jesus came and stood among them and said, "Peace be with you." After he said this, he showed them his hands and his side. Then the disciples rejoiced when they saw the Lord. Jesus said to them again, "Peace be with you. As the Father has sent me, so I send you." When he had said this, he breathed on them and said to them, "Receive the Holy Spirit. If you forgive the sins of any, they are forgiven them; if you retain the sins of any, they are retained."

While children are at school many families will have contact with head lice. The information contained here will help you treat and control head lice.

Catching head lice

Head lice have been around for many thousands of years. Anyone can get head lice.

Head lice are small, wingless, blood sucking insects. Their colour varies from whitish-brown to reddish-brown. Head lice only survive on humans. If isolated from the head they die very quickly (usually within 24 hours).

People get head lice from direct hair to hair contact with another person who has head lice. This can happen when people play, cuddle or work closely together.

Head lice do not have wings or jumping legs so they cannot fly or jump from head to head. They can only crawl.

Finding head lice

Many lice do not cause an itch, so you have to **look carefully to find them**.

Head lice are found on the hair itself and move to the scalp to feed. They have six legs which end in a claw and they rarely fall from the head. Louse eggs (also called nits) are laid within 1.5 cm of the scalp and are firmly attached to the hair. They resemble dandruff, but can't be brushed off.

Lice can crawl and hide. The easiest and most effective way to find them is to follow these steps:

Step 1 Comb any type of hair conditioner on to dry, brushed (detangled) hair. This stuns the lice and makes it difficult for them to grip the hair or crawl around.

Step 2 Now comb sections of the hair with a fine tooth, head lice comb.

Step 3 Wipe the conditioner from the comb onto a paper towel or tissue.

Step 4 Look on the tissue and on the comb for lice and eggs.

Step 5 Repeat the combing for every part of the head at least four or five times.

Treating head lice

Treating head lice involves removing lice and eggs from the hair. There are two ways you can do this:

1. Buying and using a head lice lotion or shampoo, following the instructions on the product
2. Using the conditioner and comb method (described under 'finding head lice') every second day until there have been no live lice found for ten days.

If you choose to use a head lice product always read and follow the instructions provided with the product carefully. The following points may also be helpful:

- Head lice products must be applied to all parts of the hair and scalp.
- No treatment kills all of the eggs so treatment must involve two applications, seven days apart. The first treatment kills all lice; the second treatment kills the lice that may have hatched from eggs not killed by the first treatment.
- Cover the person's eyes while the treatment is being applied. A towel is a good way to do this.
- If you are using a lotion, apply the product to dry hair.
- If you are using a shampoo, wet the hair, but use the least amount of water possible.
- Apply the treatment near the scalp, using an ordinary comb to cover the hair from root to tip. Repeat this several times until all the hair is covered.

There is no need to treat the whole family - unless they also have head lice.

Concentrate on the head - there is no need to clean the house or the classroom.

Only the pillowcase requires washing - either wash it in hot water (at least 60°C) or dry it using a clothes dryer on the hot or warm setting.

Testing resistance

Head lice products belong in one of the following categories depending on the active compound they contain:

- pyrethrins
- synthetic pyrethroids (permethrin, bioallethrin)
- organophosphates (malidison or malathion)
- herbal with or without natural (non-chemical) pyrethrins.

Insecticide resistance is common, so you should test if lice are dead. If they are, treat again in seven days using the same product. If the lice are not dead, the treatment has not worked and the lice may be resistant to the product and all products containing the same active compound. Wash off the product and treat as soon as possible using a product containing a different active compound. If the insecticide has worked, the lice will be dead within 20 minutes.

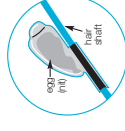
Any head lice product could cause a reaction and should be used with care by women who are pregnant or breastfeeding, children less than 12 months old and people with allergies, asthma or open wounds on the scalp. If you are unsure, please check with your pharmacist or doctor.

Head lice combs

Combs with long, rounded stainless steel teeth positioned very close together have been shown to be the most effective, however, any head lice comb can be used.

Head lice eggs

Head lice eggs are small (the size of a pinhead) and oval. A live egg will 'pop' when squashed between fingernails.



Dead eggs have crumpled sides and hatched eggs look like tiny boiled eggs with their tops cut off.

Regulations

According to the Public Health and Wellbeing Regulations 2009, children with head lice can be readmitted to school or children's service centres after treatment has commenced.

The department recommends a child with head lice can be treated one evening and return to school or children's service centres the next day, even if there are still some eggs present. There is no need to miss school or child care because of head lice.

Preventing head lice

Check your child's head regularly with comb and conditioner. There is no research to prove that chemical or herbal therapies can prevent head lice.

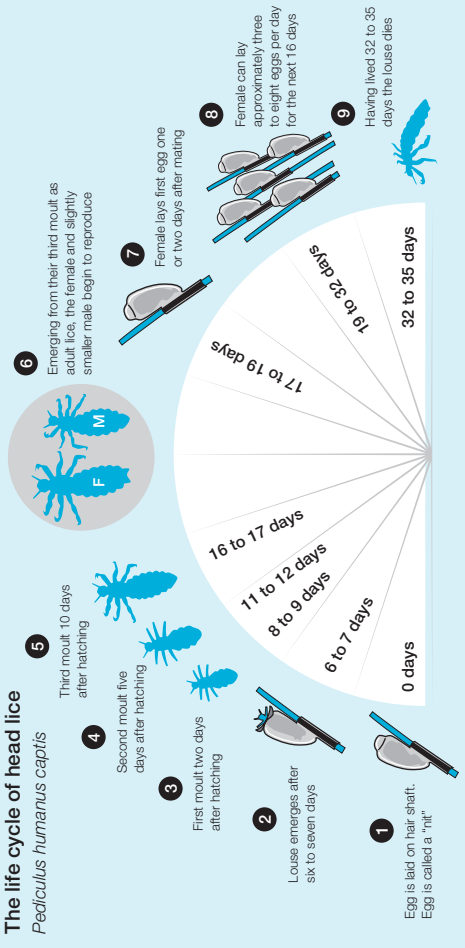
Further information

The following website offers further information:

www.health.vic.gov.au/headlice

The life cycle of head lice

Phidippus humanus capitis



The information in this pamphlet is based on the research conducted and written by Associate Professor Rick Speare and the team of researchers at, School of Public Health and Tropical Medicine, James Cook University.

Treating and controlling head lice